You’re invited to NPHTI’s Reunion!

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Weaving a Tapestry of Pediatric Hypnosis: Connecting a Community

Connecting clinicians with pediatric hypnosis training:
Recharging Reunion & New-Union for laughs, leisure, & learning!
Skills Stretching…Professional Development! Renowned speakers!

To register & see additional information: Go to www.nphti.org

Questions? Contact NPHTI’s Co-Founders and Co-Directors:
Pamela Kaiser, PhD, CPNP, CNS  |  drpkaiser@gmail.com
Daniel P. Kohen, MD, FAAP, ABMH  |  dpkohen@umn.edu
You’re invited to NPHTI’s Reunion!

What?
NPHTI, the premier Pediatric Hypnosis Training Organization in North America, announces its 10th Anniversary gathering!! Approximately half the workshop is devoted to practicing skills in a collegial small group with like-minded professionals and supportive faculty mentor-facilitators (typically a 6:1 ratio).

Who?
Join our celebration! Since 2010 NPHTI has trained over 950 participants. We hope you will come join us in 2019 and be part of the 10th Anniversary and celebrate being part of the group that puts us at over 1,000 NPHTI trained advanced practice clinicians!

Keynote Speaker: Tobi B. Goldfus, LCSW-C, BCD. Drawing from her recent book, From Real Life to Cyberspace (and Back Again): Helping Our Young Clients Develop a Strong Inner Selfie—A Clinician’s Guide, Tobi will present her innovative approach to address the impact of social media and cyberspace on child/teen/young adult functioning. Her keynote address is titled: “Charging up the Inner Selfie: Activating Internal Resource States with Young People Absorbed in Social Media”, she will offer a Mini-Intensive practical seminar on “Trauma, Young People and the Power they give Social Media: Using Hypnotherapy and Somatic Experiencing for Building Resiliency” for attendees of the Utilization workshop.

A frequent faculty member at all the professional hypnosis organizations, both national and international, she has studied Ericksonian and Brief Psychotherapy extensively with Michael Yapko, PhD and Jeff Zeig, PhD. She is a recent contributor to Ericksonian Therapy Now: The Master Class with Jeffrey K. Zeig, Ph.D. She is a member of ASCH, ISH (International Society of Hypnosis), ESH (European Society of Hypnosis), and NASW (National Association of Social Workers). Her subspecialty private practice in Maryland focuses on the treatment, including hypnotherapy, of teens, young adults, and adults with anxiety, stress and depression.

Keynote Speaker: Leora Kuttner, PhD A globally renowned leader and expert in working with children and teens experiencing pain, Dr. Kuttner is one of NPHTI’s Senior Faculty as well as a Clinical Professor of Pediatrics, University of British Columbia and British Columbia Children’s Hospital, Vancouver, Canada and Vice-President, Canadian Society of Clinical Hypnosis (BC Division). She is an author, a filmmaker, and highly sought-after speaker: Her award winning films include “No Fears, No Tears”, “No Fears, No Tears - 13 Years Later” (Best documentary award) and “Making Every Moment Count” (2004 National Hospice & Palliative Care Organization: Award for Best Professional Film). Her upcoming NPHTI keynote address on the “History of Pediatric Hypnosis” was featured at the International Society of Hypnosis 2018 World Congress of Hypnosis in Montreal. Dr.Kuttner will also offer a Mini-Intensive practical seminar on “Complex Pediatric Pain, Sleep Disturbances and Hypnosis as Treatment” for attendees of the Utilization workshop.

Why?
Come together to charge-up or recharge your capabilities in clinical hypnosis. Learn how to set individualized goals and goal-driven hypnotic suggestions with your pediatric patients! Connect (or re-connect) with colleagues! Chat with the experts!

How?
Carve time for a hard-earned respite to embrace NPHTI’s curriculum that prioritizes experiential learning. Rally your old/new professional friends to attend one of our tri-level concurrent workshops Pediatric clinicians—-from the novice to the nimble—-are invited to develop or hone skills in clinical pediatric hypnosis taught by a multi-disciplinary seasoned faculty who include the top experts in the field.

When? September 26-28, 2019

Where? Plymouth, MN (Minneapolis suburb), USA.

RSVP asap! Register now: space is limited. www.nphti.org
DESCRIPTION OF WORKSHOPS
These intensive workshops feature a combined lecture-demonstration-experiential training format with a developmental perspective in the use of clinical hypnosis & its empirically supported applications for children and teens with various medical & mental health conditions and challenges. Both research-based and pragmatic hypnotic interventions are taught.

- **Cutting edge presentations** (including VIDEOS of faculty cases) highlight therapeutic communication, goal setting and goal-driven suggestions and other hypnosis strategies.

- **Faculty:** Our multi-disciplinary, seasoned pediatric clinician-teachers with expertise in pediatric hypnosis include the most renowned leaders-teachers-researchers-authors in this field.

- **Three levels of workshops:** Fundamentals; Utilization & Expanded Clinical Applications; & Individualized Consultation offered to licensed pediatric professionals with advanced clinical degrees and to full-time trainees working toward an advanced clinical license.

- **Extensive experiential learning:** Activities during presentations, and abundant supervised practice of hypnotic techniques within supportive small groups with a high faculty to trainee ratio.

- **Registration fees include:** Workshop Presentations, Online Syllabus, Small Group Exercises, CME/CEU Credit (at no extra charge), Comprehensive Bibliography, Complimentary Reception, Generous Morning & Afternoon Refreshments. Special needs such as dietary restrictions, lactation room, etc. should be indicated in advance. Requests cannot always be honored on site.

ELIGIBILITY AND TARGET AUDIENCE: Requires an active clinical license AND one of the following:

- Doctoral Degree in Medicine, Psychology, Nursing or Dentistry
- Masters Degree in Social Work, Marriage and Family Therapy, Clinical or Counseling Psychology
- Masters Degree in Nursing or Advanced Practice Registered Nurses (i.e. CPNP, CNS)
- Other Advanced degree clinicians (e.g. Occupational & Physical Therapists, Speech & Language Pathologists)
- Child Life Specialists holding a Doctoral, Masters, or Bachelors degree
- Full-time Interns/Residents/Fellows or Graduate Students enrolled in an accredited program leading to these clinical degrees will be accepted when they provide a letter from their department on letterhead, attesting to their current full-time status, specifying timing of training (month and year).

“The workshop has an excellent structure and assisted me to have a concrete structure to adapt my previous training and experience to the paedric population”
FUNDAMENTALS OF PEDIATRIC CLINICAL HYPNOSIS (Introductory) WORKSHOP:

This workshop is for clinicians who have NOT YET completed a pediatric-specific hypnosis training (20+ hours)

- Foundational skill-building in hypnosis as therapeutic communication and adjunctive intervention for children/teens with clinical conditions.

- Clinical focus: hypnosis adjunctive management of pain, anxiety, fear, and sleep issues for children and teens at different developmental stages.

- State-of-the-art presentations include instructional videos (faculty cases) and case vignettes.

- Experiential learning is a critical focus: Over half of total workshop time is spent in very small group practice (6:1 trainee: faculty ratio) and large group exercises focused on the structure and elements of clinical hypnosis with children/teens, using therapeutic language, explaining hypnosis to parents and children, delivering goal-directed hypnotic suggestions, and the use of self-hypnosis.

REGISTRATION

<table>
<thead>
<tr>
<th></th>
<th>Early Bird Before or on July 14</th>
<th>Regular After July 14</th>
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<tbody>
<tr>
<td>Fundamentals Workshop</td>
<td>$998</td>
<td>$1,082</td>
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<tr>
<td>MSCH/UoM/CHC</td>
<td>$952</td>
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<tr>
<td>Grad/Res/Fellow</td>
<td>$727</td>
<td>$777</td>
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</tbody>
</table>

Note: Participants are not considered registered until registrant information, Acknowledgement & Release Waiver and payment sent no later than 2 weeks after registration/acceptance.


Register online with Visa, MasterCard, or American Express

QUESTIONS: For any questions relating to registration, please contact NPHTI@iplanitmeetings.com or call 1-800-781-1193, ext. 601 between 8 am-5 pm Mountain Time.

“Very well facilitated and a ton of useful information, applicable to multiple settings”
UTILIZATION AND EXPANDED CLINICAL APPLICATIONS WORKSHOP:

NOTE: Participants must have completed a Fundamentals all pediatric-specific hypnosis training workshop (20+ hours), and are using clinical hypnosis with pediatric patients on a frequent basis. A Prior Learning/Needs Assessment application is required & reviewed prior to acceptance for this workshop. This is not a beginning level course.

- Workshop emphasizes experiential learning how to set personalized hypnosis GOALS and create goal-driven SUGGESTIONS!
- Learn how to incorporate Ericksonian Utilization principles in your hypnosis approach.
- Refine and expand existing hypnosis skills and develop individualized hypnotic treatment approaches for your patients.
- Faculty videos and case vignettes are integral throughout workshop.
- Supervised exercises: Augment your confidence and utilization skills (conversational invitations, pacing & leading, constructing goal-driven suggestions, talking in trance, self-regulation strategies, and other person-centered strategies) within thoughtfully clustered small groups (with high faculty to trainee ratios)
- Select two of five NEW “mini-intensive” (90 minutes each) clinical applications for Hypnosis Skill Development:

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To Register for the Utilization and Expanded Clinical Applications Workshop

Note: Participants are not considered registered until registrant information, Acknowledgement & Release Waiver and payment sent no later than 2 weeks after registration/acceptance.

“The workshop provided incredible training. Helped me learn skills in real time. I feel confident in using hypnosis in practice this coming week!”
INDIVIDUALIZED CONSULTATION WORKSHOP: Personalized and Peer Mentoring

- Provides extensive, individualized mentor consultation to clinicians ready to enhance their knowledge and expertise in the use of pediatric hypnosis.

- Fulfills partial requirements for attaining ASCH Certification in Clinical Hypnosis and/or an ASCH-Approved Consultant.

- Unique format: Clinicians consult in a small group (max = 6) with rotating faculty facilitators (ASCH Approved Consultants).

In addition to thoughtfully-matched faculty consultation, this model expects participants to learn from one another and to have their own expertise affirmed and expanded. During the consultation sessions, the focus is on issues unique to each practitioner’s practice as reflected in their video submissions. Participants must present a video-recording of hypnotic work with a pediatric patient and a corresponding typed case vignette of the video.

A firm deadline for video submission is June 15, 2019. A “how to” guide to help learners develop effective video recordings will be provided. Prior to registering for this workshop, a required application must be submitted for review. See instructions below.

REGISTRATION

Registration Deadlines & Fees

<table>
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<tr>
<th>Registration will not be accepted after July 14, 2019</th>
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<tr>
<td>Workshop Registration Fee $1,103</td>
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To Register for the Individualized Consultation Workshop

Go to www.nphti.org to complete the Prior Learning/Needs Assessment or by clicking here https://iplanit.swoogo.com/NPHTI2019/register?reg_type_id=52596 and select “Application”. Early registration is encouraged to reserve your place and facilitate faculty planning.

Note: Participants are not considered registered until registrant information, Acknowledgement & Release Waiver and payment sent no later than 2 weeks after registration/acceptance.

“I will definitely start Monday using this with my acute pain patients and start to use the strategies with our anxiety patients who could greatly benefit!”

“This has been one of the most enjoyable conferences/workshops I have attended”
Lunch on Your Own
Lunch during the three day workshops is not included in the registration fee. The hotel will provide options to purchase a box lunch or attendees are welcome to make a reservation at the hotel’s restaurant for lunch.

Group Registration
A minimum of 3 registrants from the same organization is required for a group discount of $30 per person to be deducted from the corresponding registration fees listed above. Individual registrations in a Group registration must be received within two business days of each other to qualify for this discount. Contact Registration Services at 1-800-781-1193, ext. 601 to obtain a discount code before beginning the registration process. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

Course Materials
A printed syllabus will NOT be distributed at the Workshops. NO services for printing syllabi are available on site during the conference. Registered attendees will be emailed access instructions to view course materials online, then download and print prior to the Workshops. The presentations and other course-related materials (e.g. extensive bibliography) will remain available online at the www.NPHTI.org website for 6-8 weeks following the Workshops.

Cancellation Policy
In the event you need to cancel your registration, the registration fee, less a $50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on September 1, 2019. No refunds will be made after this date.

WORKSHOP LOCATION & OVERNIGHT ACCOMMODATIONS
Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441
www.CPPlymouth.com
763-559-6600
800-227-6963

A limited block of hotel rooms is available at the discounted rate of $139.00 per night plus local taxes.

In order to get this reduced rate, reservations must be made directly with the hotel by the cut-off date of September 3, 2019. You may reserve your room by one of these methods:

1. Click here to make online reservations: https://book.passkey.com/e/49863124
2. Call 763-559-6600 or 800-227-6963 and request the NPHTI Pediatric Clinical Hypnosis block.

Reservations will be accepted based on space and rate availability.

Parking is complimentary and adjacent to the facility. Valet parking is available for $3.50 per day.

“What a wonderful conference.
I feel refreshed and a sense of renewal after this training.”
ACCREDITATION

American Medical Association/PRA
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Minnesota Medical Association and National Pediatric Hypnosis Training Institute. The Minnesota Medical Association (MMA) is accredited by the ACCME to provide continuing medical education for physicians.

The Minnesota Medical Association designated this live activity for a maximum of 23.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Additional accreditation has been applied for from other accrediting bodies and those will be posted on the website as soon as notification of accreditation has been received.
List the stages of hypnosis
Describe hypnosis as a process of therapeutic communication
Describe three pediatric hypnosis “invitation” methods
Demonstrate three appropriate “invitation” techniques
Describe methods for intensification of and re-alerting from hypnosis
Outline applications for pediatric hypnosis
Describe and demonstrate the use of hypnosis for pain control for procedures and for chronic, recurrent pain
Describe and demonstrate how to teach a child/parent the skill of self-hypnosis and how to practice it regularly
Describe and demonstrate a hypno-therapeutic approach for sleep onset insomnia/anxiety and for circadian rhythm disorders in teens
Outline a strategy for getting started using hypnosis in clinical practice
Using therapeutic language, design a hypnotic suggestion for children and teens with clinical anxiety
Describe hypnosis as a process of therapeutic communication
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Describe and demonstrate how to teach a child/parent the skill of self-hypnosis and how to practice it regularly
Describe and demonstrate a hypno-therapeutic approach for sleep onset insomnia/anxiety and for circadian rhythm disorders in teens
Outline a strategy for getting started using hypnosis in clinical practice
Using therapeutic language, design a hypnotic suggestion for children and teens with clinical anxiety

**Educational Objectives**
At the completion of the Fundamentals Workshop, learners should be better able to:

- List the stages of hypnosis
- Describe hypnosis as a process of therapeutic communication
- Describe three pediatric hypnosis “invitation” methods
- Demonstrate three appropriate “invitation” techniques
- Describe methods for intensification of and re-alerting from hypnosis
- Outline applications for pediatric hypnosis
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- Outline a strategy for getting started using hypnosis in clinical practice
- Using therapeutic language, design a hypnotic suggestion for children and teens with clinical anxiety

**AGENDA**

**Thursday, September 26, 2019**

- 7:00 - 7:55 a.m. Registration and Breakfast Buffet
- 8:00 - 8:25 Introduction – Course Overview & Faculty Introductions
- 8:30 - 9:25 Hypnosis Definitions/ Theories/ Myths
- 9:25 - 10:15 Hypnosis Structure and Elements
- 10:15 - 10:35 Refreshment Break
- 10:35 - 11:15 Hypnosis: The Many Right Ways
- 11:15 - 11:35 Overview: Format for Small Group Practice
- 11:35 - 11:50 #1 Demo: Invitation: Special Place (Dissociation); Intensification: Multisensory Imagery
- 11:50 - 1:00 Lunch with Faculty
- 1:00 - 2:40 #1 SmGrp Practice: Invitation: Special Place (Dissociation); Intensification: Multisensory Imagery – Alert – Debrief
- 2:40 - 3:00 Refreshment Break
- 3:00 - 3:15 #2 Demo: Invitation: The Breath; Intensification: Muscle Relaxation
- 3:15 - 4:50 #2 SmGrp Practice: Invitation: The Breath; Intensification: Muscle Relaxation – Reorient – Debrief
- 4:55 - 5:45 Hypnosis: Developmental Considerations
- 6:00 - 7:30 Welcome Complimentary Cocktail Reception: Keynote Speaker: Leora Kuttner, PhD: History of Pediatric Hypnosis

**Friday, September 27, 2019**

- 7:00 - 7:55 a.m. Breakfast Buffet
- 8:00 - 9:10 Formulating Suggestions: Language & Utilization / Communication Techniques
- 9:10 - 9:25 #3 Demo: Invitation: Magnet Fingers; Intensification: Utilization; Give suggestions; Reorient; Debrief
- 9:25 - 9:45 Refreshment Break
- 9:45 - 11:00 #3 SmGrp Practice: Invitation: Magnet Fingers; Intensification: Utilization; Incorporate Language & Suggestions; Reorient, Debrief
- 11:05 - 11:30 #4 Demo: Explaining Hypnosis to Child & Parents w/Video
- 11:30 - 12:40 Lunch on Your Own
- 12:40 - 1:30 #4 SmGrp Practice: Explain Hypnosis to Child & Parents
- 1:35 - 2:25 Choosing Goals & Suggestions for Hypnosis Session
- 2:25 - 2:40 Refreshment Break
- 2:40 - 3:40 Choosing Hypnosis Goals & Suggestions: Self-Regulation for Worry, Fears, Anxiety, & Pain
- 3:40 - 3:55 #5 Demo: Invitation & Intensification (Learners’ Choice); Goal-driven Suggestions
- 4:00 - 5:30 #5 SmGroup Practice: Invitation & Intensification (Learners’ Choice), Goal-driven Suggestions; Reorient, Debriefing

**Saturday, September 28, 2019**

- 7:00 - 7:55 a.m. Breakfast Buffet
- 8:00 - 8:50 Goals & Suggestions: Sleep Disturbances
- 8:50 - 9:50 Goals & Suggestions: Acute & Chronic Pain
- 9:50 - 10:10 #6 Demo: Magic Glove Technique
- 10:10 - 10:25 Refreshment Break
- 10:25 - 11:30 #6 Small Group Practice: Magic Glove Technique
- 11:30 - 12:45 Lunch on Your Own: KeyNote Speaker: Topic: Charging up the Inner Selfie: Activating Internal Resource States with Young People Absorbed in Social Media
- 12:50 - 1:05 Self-Hypnosis (SH): Learning, Teaching, and Questions
- 1:05 - 1:20 Self-Hypnosis: Large Group Experience/Debrief
- 1:25 - 2:05 #7 Small Group Practice: Teach Self-Hypnosis – Do SH
- 2:05 - 2:20 Refreshment Break
- 2:20 - 3:30 #8: Breakout Groups: (Participants’ Choice) Planning a Hypnosis Session: Goals & Suggestions
- 3:35 - 3:55 Continued Learning & Resources beyond Monday: NPHTI, Ongoing Education & Organizations
- 3:55 - 4:05 Beyond Today: What’s Left to Learn?
- 4:05 - 4:15 Special Closure: All Faculty Group Hypnosis w/ Participants
- 4:15 p.m. Adjourn /Submit Evaluations/ Pick up OPTIONAL (pre-paid) Certificates for Framing
### Educational Objectives

At the completion of the Utilization & Hypnosis Skills Workshop, learners will be able to:

- Refine therapeutic language skills to be used during hypnosis sessions
- Identify individualized and specific hypnosis goals and design and deliver goal-driven suggestions
- Utilize a patient’s resources and needs when designing an individualized treatment plan
- Apply hypnotic utilization techniques: conversational invitations, pacing & leading, talking in trance, fractionation, reframing, and age progression & regression
- Apply hypnosis strategies to more complex and mental health issues (such as anxiety disorders, stress, fears, palliative care, pain, respiratory, gastro-intestinal symptoms)
- Incorporate hypnotic self-regulation strategies during hypnosis sessions.

### AGENDA

#### Thursday, September 26, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 - 7:55 a.m.</td>
<td>Registration and Breakfast Buffet</td>
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<tr>
<td>8:00 - 8:25</td>
<td>Introduction – Course Overview &amp; Faculty Introductions</td>
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<tr>
<td>8:30 - 10:00</td>
<td>Refining Utilization of Language: Why and How To Say What We Say, Pacing &amp; Leading</td>
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<td>10:00 - 10:25</td>
<td>Introduction to Small Groups #1 Demo: Conversational Invitations; Pacing &amp; Leading</td>
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<tr>
<td>10:25 - 10:40</td>
<td>Refreshment Break</td>
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<tr>
<td>10:40 - 12:10</td>
<td>#1 SmGrp Practice: Conversational Invitations; Pacing &amp; Leading</td>
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<td>12:10 - 1:20</td>
<td>Lunch with Faculty</td>
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<td>1:20 - 2:00</td>
<td>Utilizing Unfolding Development: Abstract Thinking, Metaphors, &amp; Self-Regulation</td>
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<td>2:00 - 3:00</td>
<td>Planning a Hypnosis Session: Creating Goal Driven Suggestions</td>
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<td>3:00 - 3:15</td>
<td>Refreshment Break</td>
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<td>3:15 - 3:55</td>
<td>Planning a Hypnosis Session: Post-Hypnotic Suggestions</td>
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<td>3:55 - 4:10</td>
<td>#2 Demo: Designing and Delivering Suggestions</td>
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<td>4:15 - 5:45</td>
<td>#2 SmGrp Practice: Conversational Induction &amp; Designing &amp; Delivering Suggestions</td>
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<tr>
<td>6:00 - 7:30</td>
<td>Welcome Complimentary Cocktail Reception: Keynote Speaker: Leora Kuttner, PhD: History of Pediatric Hypnosis</td>
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<tr>
<td>7:00 - 7:55 a.m.</td>
<td>Breakfast Buffet</td>
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<td>8:00 - 9:20</td>
<td>Anxiety, Worry &amp; Fear: Individualizing Goals &amp; Suggestions for Self-Regulation</td>
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<tr>
<td>9:20 - 9:35</td>
<td>#3 Demo: Individualizing Suggestions for Self-Regulation of Anxiety, Worry &amp; Fear</td>
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<td>9:35 - 9:50</td>
<td>Break to Refresh</td>
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<tr>
<td>9:50 - 11:20</td>
<td>#3 SmGrp Practice: Conversational Induction &amp; Individualizing Suggestions for Self-Regulation of Anxiety, Worry &amp; Fear</td>
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<tr>
<td>11:20 - 12:30</td>
<td>Lunch on Your Own</td>
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<tr>
<td>12:30 - 1:20</td>
<td>Integrating Conversational Hypnosis into Clinical Encounters</td>
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<td>1:20 - 2:10</td>
<td>Acute and Procedural Pain</td>
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<td>2:10 - 2:25</td>
<td>Break to Refresh</td>
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<tr>
<td>2:25 - 3:40</td>
<td>Recurrent and Chronic Pain, and Palliative Care</td>
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<td>3:40 - 3:55</td>
<td>#4 Demo: Suggestions for Changing Sensation</td>
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<tr>
<td>4:00 - 5:30</td>
<td>#4 Small Group Practice: Conversational Induction &amp; Suggestions for Changing Sensation</td>
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<tbody>
<tr>
<td>7:15 - 7:55 a.m.</td>
<td>Breakfast Buffet</td>
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<tr>
<td>8:00 - 8:15</td>
<td>#5 Demo: Communication in Trance: Talking &amp; Ideomotor Signals</td>
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<tr>
<td>8:20 - 9:45</td>
<td>#5 Small Group Practice: Formal Induction &amp; Talking in Trance &amp; Ideomotor Signaling</td>
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<tr>
<td>9:45 - 10:05</td>
<td>Refreshment Break</td>
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<tr>
<td>10:05 - 11:35</td>
<td>Mini-Intensives: ALL NEW! Pick 1 of the following: (A1 topic will be repeated in the afternoon)</td>
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<tr>
<td></td>
<td>A1) Trauma, Young People and the Power they give Social Media: Using Hypnotherapy and Somatic Experiencing for Building Resiliency</td>
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<tr>
<td></td>
<td>B1) Morning Only! Pediatric Hypnotic Psychoneuroimmunological (PNI) Approaches</td>
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<td>C1) Morning Only! Nuts &amp; Bolts: Blueprints for Building a Hypnosis Practice</td>
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<tr>
<td>11:35 - 12:45</td>
<td>Lunch &amp; KeyNote Speaker: Charging up the Inner selfie: Activating Internal Resource States with Young People Absorbed in Social Media</td>
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<td>12:45 - 2:15</td>
<td>Mini-Intensives: ALL NEW! Pick 1 of the following: (A2 topic will be repeated in the afternoon)</td>
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<tr>
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<td>A2) Trauma, Young People and the Power they give Social Media: Using Hypnotherapy and Somatic Experiencing for Building Resiliency</td>
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<td></td>
<td>B2) Aft. Only! Childhood Anxiety &amp; Worry: Creating &amp; Utilizing Metaphors</td>
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<tr>
<td>2:15 - 2:35</td>
<td>Break to Refresh</td>
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<tr>
<td>2:35 - 3:25</td>
<td>Open Forum—Questions for Faculty: Building, Using, &amp; Maintaining Hypnosis</td>
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<td>3:55 - 4:05</td>
<td>Beyond Today: What’s left to learn?</td>
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<td>4:05 - 4:15</td>
<td>Special Closure: All Faculty Group Hypnosis w/ Participants</td>
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<tr>
<td>4:15 pm</td>
<td>Adjourn / Submit Evaluations/ Pick up OPTIONAL prepaid Certificates for framing</td>
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INDIVIDUALIZED CONSULTATION WORKSHOP
Co-coordinators: Daniel P. Kohen, MD, FAAP, ABMH and Leora Kuttner, PhD

Educational Objectives
At the completion of the Individualized Consultation Workshop, learners will be better able to:
- Reflectively evaluate one’s own clinical skills/language through video review, critique, and discussion with colleague advanced learners and carefully matched faculty mentors.
- Problem-solve challenging clinical situations regarding application of hypnotic strategies with colleagues advanced learners and carefully matched faculty mentors.
- Review, evaluate and offer guidance regarding (others’) clinical hypnosis encounters with (their) patients/clients with colleague advanced learners and carefully matched faculty mentors.

AGENDA

Thursday, September 26, 2019
7:00 a.m. Registration & Breakfast Buffet
8:00 Introduction to Workshop Overview (All Groups)
8:35 Case Presentation with Mentor Consultation
10:15 Refreshment Break
10:35 Continuation of Case Presentation with Mentor Consultation
12:15 Lunch on Your Own: Join Colleagues & Faculty
1:30 Case Presentation with Mentor Consultation
3:10 Refreshment Break
3:30 Continuation of Case Presentation with Mentor Consultation
5:45 Adjourn for the Day
6:00 Complimentary Welcome Reception
Evening Viewing (on own) of Videos
Keynote Speaker: Leora Kuttner, PhD: History of Pediatric Hypnosis

Friday, September 27, 2019
7:00 a.m. Breakfast Buffet
8:30 Case Presentation with Mentor Consultation
10:15 Refreshment Break
10:35 Continuation of Case Presentation with Mentor Consultation
12:15 Lunch on Your Own: Join Colleagues & Faculty
1:30 Case Presentation with Mentor Consultation
2:50 Refreshment Break
3:10 Continuation of Case Presentation with Mentor Consultation
5:15 Adjourn for the Day Evening Viewing (on own) of Videos

Saturday, September 28, 2019
7:00 a.m. Breakfast Buffet
8:30 Case Presentation with Mentor Consultation
10:10 Refreshment Break
10:30 Continuation of Case Presentation with Mentor Consultation
11:50 Lunch on Your Own: KeyNote Speaker: Topic: Charging up the Inner Selfie: Activating Internal Resource States with Young People Absorbed in Social Media
12:45 Case Presentation with Mentor Consultation
2:30 Refreshment Break
2:45 Continuation of Case Presentation with Mentor Consultation
3:55 - 4:05 Beyond Today: What’s left to learn?
4:05 - 4:15 Special Closure: All Faculty Group Hypnosis w/ Participants
4:15 Adjourn
ANDREW J. BARNES, MD, MPH, FAAP*
Assistant Professor, Pediatrics and Adolescent Health, Developmental-Behavioral Pediatrics, University of Minnesota, Minneapolis, MN; Former physician member-at-large, MSCH; Approved Consultant, ASCH

DAVID BECKER, MD, MPH, MA, LMFT
Clinical Professor, UCSF Department of Pediatrics; Co-Director IP3 Pain Management Clinic; Integrative medicine and behavioral health clinics at the UCSF Osher Center for Integrative Medicine. MA in clinical psychology, licensed Marriage and Family Therapist; ASCH member

CHERYL S. BEMEL, PhD, LP*
Psychologist, NCSP Nationally Certified School Psychologist; Health Psychologist, Allina Health Bandana Square Clinic, St. Paul, Minnesota; Deployable Psychologist, MN Behavioral Health Unit Medical Reserve Corps (MN BHMRC); Private Practice, St. Paul, MN; Licensed Early Childhood Teacher, MN Dept. of Education; Mpls. Police Department's Child Development Policing Project Crisis Responder to 911 calls; Former Crisis Psychologist, United Hospital Emergency Room, St. Paul, MN; Former Child Psychologist, University of Minnesota Hospitals and Clinics Inpatient Units; President & Faculty, MSCH; Faculty ASCH, MN Certified Tobacco Treatment Specialist (C-TTS), Nationally Certified Tobacco Treatment Practitioner (NCTTP); Approved Consultant, ASCH

FREDERICK BOGIN, MD, FAAP
Assistant Professor of Pediatrics (retired), University of Connecticut School of Medicine; Private Practice, Pediatric Hypnotherapy; Certified, ASCH

CAMILLA G. CEPTI COZZIO, MD, FMH
General Pediatrics and Adolescent Medicine Physician, Private Practice, Dübendorf, Switzerland; Member of Swiss Society of Pediatrics; Certified Physician, Swiss Academy of Psychosomatic and Psychosocial Medicine (SAPPM); Certificate of Competence of SMH (Swiss Medical Society in Hypnosis), Member Swiss Medical Society of Hypnosis; ASCH, International Member

CANDACE J. ERICKSON, MD, FAAP, MPH
Senior Faculty
Associate Professor of Clinical Pediatrics, Columbia University College of Physicians and Surgeons, New York, NY; Developmental and Behavioral Pediatrician, Morgan Stanley Children’s Hospital of New York Presbyterian Hospital, New York, NY; Director, Developmental and Behavioral Pediatrics, The Brooklyn Hospital Center, Brooklyn, NY; Course Director SDBP Pediatric Clinical Hypnosis Workshops (1987-2009)

MELANIE A. GOLD, DO, DABMA, DMQ
Senior Faculty
Professor of Pediatrics, Psychiatry, and Psychological Sciences, UH Cleveland Medical Center, Rainbow Babies & Children's Hospital, Division of Developmental/Behavioral Pediatrics & Psychology Cleveland, OH; Board Certified in Biofeedback (BCB); Approved Consultant, ASCH

HOWARD HALL, PhD, PSYD, BCB
Senior Faculty
Professor of Pediatrics, Psychiatry, and Psychological Sciences, UH Cleveland Medical Center, Rainbow Babies & Children's Hospital, Division of Developmental/Behavioral Pediatrics & Psychology Cleveland, OH; Board Certified in Biofeedback (BCB); Approved Consultant, ASCH

PAMELA KAISER, PhD, CPNP, CNS*
Senior Faculty
Co-Founder and Co-Director, National Pediatric Hypnosis Training Institute; Former Associate Clinical Professor, Developmental-Behavioral Pediatrics, University of California, San Francisco, CA; Former Director: Anxiety, Stress, and Health Clinic, Palo Alto, CA; Clinical Child & Adolescent Psychologist; Certified Pediatric Nurse Practitioner; Pediatric Clinical Nurse Specialist; Past Executive Council Member, Faculty, & Approved Consultant, ASCH

REBECCA KAJANDER, CPNP, MPH
Facilitator, Teen Resilience Program, Minneapolis, MN; Former PNP with Noran Neurological Clinic, Minneapolis, MN; Former Department Chair and Clinical Practice Director, Alexander Center for Child Development and Behavior, Park Nicollet Clinic, St. Louis Park, MN; Former Adjunct Faculty Developmental-Behavior Pediatrics, Department of Pediatrics, University of Minnesota Medical School; Instructor, School of Nursing, University of Minnesota, Minneapolis, MN; Faculty, MSCH
ADAM KEATING, MD, FAAP
General Pediatrician, Section Head, Community Pediatrics, Cleveland Clinic Children’s, Wooster, OH; Medical Director, Longbrake Student Wellness Center, College of Wooster; Clinical Assistant Professor of Pediatrics, Cleveland Clinic Lerner College of Medicine; Clinical Associate Professor of Pediatrics Ohio University Heritage College of Osteopathic Medicine; Approved Consultant, ASCH

DANIEL P. KOHEN, MD, FAAP, ABMH*
Senior Faculty
Co-Founder and Co-Director, National Pediatric Hypnosis Training Institute; Developmental-Behavioral Pediatrics, Medical Hypnosis & Self-Regulation, Kohen Therapy Associates, Minnetonka, MN; Former Director: Developmental-Behavioral Pediatrics and Professor, Departments of Pediatrics and Family Medicine and Community Health, University of Minnesota (retired); Former Director of Education and Training, Minnesota Society of Clinical Hypnosis (MSCH); Past President, MSCH; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, and Approved Consultant, ASCH; Fellow, SCEH

HARRIET KOHEN, MA, MSW, CPT
Therapist, Kohen Therapy Associates; Past-President and Fellow, MN Society for Clinical Social Work; Credential Chair, International Federation of Bibliopoetry Therapy; Faculty, NPHTI, MSCH

LEORA KUTTNER, PhD*
Highlighted Senior Faculty
Clinical Psychologist and Clinical Professor of Pediatrics, University of British Columbia and British Columbia Children’s Hospital, Vancouver, Canada; Vice-President, Canadian Society of Clinical Hypnosis (BC Division); International Society of Hypnosis (ISH); Scientific Planning Committee for ISH World Congress of Hypnosis, Montreal, 2018; Approved Consultant, ASCH

JEFF LAZARUS, MD, FAAP
Former Associate Clinical Professor of Pediatrics, Rainbow Babies and Children’s Hospital, Case Western Reserve School of Medicine; Pediatric hypnosis private practice, Menlo Park, CA; David Burns, MD, TEAM-Cognitive Behavioral Therapist: Advanced, Level 3, Trainee, Level 4; Approved Consultant, ASCH.

LISA LOMBARD, PhD
Clinical Psychologist in Private Practice and Consulting Psychologist at the Frances Xavier Warde School, Chicago IL; Research Affiliate, Science & Outcomes of Allergy & Asthma Research (SOAAR), Northwestern Medical School; Former Associate Professor of Clinical Psychology (Child and Adolescent Track), Former Coordinator, Cognitive Assessment Clinic, George Mason University, Fairfax, VA; President, Chicago Society of Clinical Hypnosis; Former Clinical Section Head, Illinois Psychological Association; Co-Chair 2017 Society for Clinical and Experimental Hypnosis Introductory Workshop; Approved Consultant, ASCH.

KAREN OLNESS, MD, FAAP, ABMH
Senior Faculty
Professor Emerita of Pediatrics, Global Health & Diseases, Case Western Reserve University, Cleveland, OH; Diplomate and Past President, American Board of Medical Hypnosis; Past President, ASCH, SCEH and International Society of Hypnosis; Fellow, ASCH, SCEH

ROBERT PENDERGRAST, MD, MPH, FAAP
Professor of Pediatrics, Medical College of Georgia, at Augusta University; Director, Adolescent Medicine, Children’s Hospital of Georgia, Augusta, GA; Aiken-Augusta Holistic Health, North Augusta, SC; Approved Consultant, ASCH

TERESA QUINN, MD, FAAFP, ABMH
Assistant Professor, University of Minnesota; Methodist Hospital Family Medicine Residency, CAQ Geriatrics

LAURENCE I. SUGARMAN, MD, FAAP, ABMH
Senior Faculty
Research Professor and Director, Center for Applied Psychophysiology and Self-regulation, Institute and College of Health Sciences and Technology, Rochester Institute of Technology; Clinical Professor in Pediatrics, University of Rochester; Behavioral Pediatrician, Easter Seals Diagnostic and Treatment Center, Rochester, NY; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, Approved Consultant, ASCH

JODY THOMAS, PhD
Clinical Psychologist, Private Practice in Denver, Colorado; Former Associate Professor, Department of Anesthesia, Stanford University School of Medicine; Former founding Clinical Director, Pediatric Pain Rehabilitation Program at Stanford Children’s Health; Member, ASCH

* Denotes Planning Committee Member
REGISTRATION FORM

Pediatric Clinical Hypnosis Fundamentals Workshop ONLY*

For Utilization & Clinical Applications Workshop registration go to: https://iplanit.swoogo.com/NPHTI2019/register?reg_type_id=52593
For Individualized Consultation Workshop registration go to: https://iplanit.swoogo.com/NPHTI2019/register?reg_type_id=52596

September 26-28, 2019

Please type or print clearly. A name badge and statement of participation are generated from this form.

Name ____________________________________________________________
Affiliation _________________________________________________________
Department _________________________________________________________
Address  □ HOME  □ OFFICE __________________________________________
Mail Stop __________________________________________________________
City _________________________________________________________________
State _________________________________________________________________
Zip ___________________________
Office Telephone Number _____________________________________________
Email __________________________________________________________________

Receipts, confirmations, and driving directions are now emailed from our office. Please include your email address and print clearly.

Degree  □ MD   □ DO   □ PhD   □ PsyD   □ LCSW   □ LMFT   □ NP   □ CNS    □ APRN  □ LPC    □ PA   □ CCLS   □ DDS/DMD
□ OT   □ PT   □ CCC-SLP  □ Other

Specialty:  □ General Pediatric Practice: ________________________________□ Pediatrics / Subspecialty: ________________________________
□ Marriage/Family/Therapy / Subspecialty: _______________________________□ Family Medicine ________________________________
□ Social Work / Subspecialty: ________________________________□ Psychiatry: Subspecialty: ________________________________
□ Anesthesia / Subspecialty: ________________________________□ Psychology: Subspecialty: ________________________________
□ General Surgery / Subspecialty: ________________________________□ APRN: Subspecialty: ________________________________
□ Other: __________________________________________________________

Licensed in Profession ____________________________ (Required) License # ______________ State _______________________

Students, Interns, Residents, Fellows (Must include letter from accredited school and clinical program
documenting current full-time enrollment toward advanced clinical degree and clinical license): ____________

REGISTRATION FEES

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Early Bird Before or on July 14</th>
<th>Regular After July 14</th>
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<tbody>
<tr>
<td>Fundamentals Workshop</td>
<td>$ 998</td>
<td>$1,082</td>
</tr>
<tr>
<td>MSCH/UMN/CHC</td>
<td>$ 952</td>
<td>$1,013</td>
</tr>
<tr>
<td>Grad/Res/Fellow</td>
<td>$ 727</td>
<td>$ 777</td>
</tr>
<tr>
<td>Utilization and Expanded Clinical Applications Workshop</td>
<td>$ 998</td>
<td>$1,082</td>
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<tr>
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<tr>
<td>Grad/Res/Fellow</td>
<td>$ 727</td>
<td>$ 777</td>
</tr>
<tr>
<td>Individualized Consultation Workshop</td>
<td>$1,103</td>
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Group Registration
A minimum of 3 registrants from the same organization is required for a group discount of $30 per person to be deducted from the corresponding registration fees listed above. Submit all registrations together with one check payment. Online group registrations must be received within two business days. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

Special Needs
Special needs such as dietary restrictions, lactation room, etc. should be requested in advance; requests cannot always be honored onsite.

NOTE: A SIGNED ACKNOWLEDGEMENT AND RELEASE FORM MUST ACCOMPANY YOUR REGISTRATION.
Payment must be sent no later than 2 weeks after registration/acceptance.

TO REGISTER - Register online with Visa, MasterCard, or American Express. Go to www.nphti.org

QUESTIONS: For any questions relating to registration, please contact NPHTI@iplanitmeetings.com or call 1-800-781-1193, ext. 601 between 8 am-5 pm Mountain Time.

CANCELLATION POLICY - In the event you need to cancel your registration, the registration fee, less a $50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on September 1, 2019. No refunds will be made after this date.
ACKNOWLEDGMENT AND RELEASE

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE (NPHTI)
SKILL DEVELOPMENT WORKSHOPS IN PEDIATRIC CLINICAL HYPNOSIS
DEPARTMENT OF PEDIATRICS, UNIVERSITY OF MINNESOTA,
CHILDREN’S HOSPITALS AND CLINICS OF MINNESOTA,
MINNESOTA SOCIETY OF CLINICAL HYPNOSIS (MSCH)

Name of Workshop: National Pediatric Hypnosis Training Institute (NPHTI)
Annual Skill Development Workshops in Pediatric Clinical Hypnosis

Dates: September 26-28, 2019

Location: Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441

The undersigned acknowledges that s/he has an advanced clinical degree (or is a full-time trainee in a graduate clinical program) and has volunteered to participate in a workshop in which s/he engages in a hypnotic state (“trance”), and that workshop participants and faculty will be present during this/these session(s).

Because this is a Skills Development Workshop, all participants are expected to attend the ENTIRE workshop and participate in all experiential exercises / activities, including trance experiences. No exceptions. The clinician acknowledges that s/he will arrange one’s travel plans and regular clinical and personal responsibilities in order to fully participate in the entire workshop.

The undersigned does not have any medical or mental health problems or other special conditions that might interfere with their participation, except as have been disclosed to faculty members.

The undersigned understands that Continuing Education Certificates are distributed at the completion of the workshop, upon completion of the evaluation form: again, please plan your travel accordingly.

In addition, an optional (for purchase) pre-ordered Certificate of Participation, (suitable for framing) is provided only to those who have pre-ordered the certificate and have participated FULLY in the workshop and must be picked up at the conclusion of the workshop.

The undersigned acknowledges that NPHTI reserves the right to withdraw from participation in the training workshop any clinician whose behavior significantly interferes with the group’s learning process, or who is disrespectful and/or offensive to colleagues and/or faculty. NPHTI also reserves the right to withdraw participants who are not attending/participating in the entire workshop.

The undersigned agrees to hold harmless NPHTI, MSCH, Children’s Hospitals and Clinics of Minnesota, the University of Minnesota Department of Pediatrics, their employees and members, the faculty, and other participants in the above described workshops, and indemnify them from and against any and all claims, damages, and costs arising from the undersigned’s participation in the above described workshops.

_______________________________________________________________________________________
Printed Name

_______________________________________________________________________________________
Signature

_______________________________________________________________________________________
Date

NOTE: All participants are expected to attend the entire workshop and participate in experiential activities, including trance experiences. Exceptions are not permitted. Participant Certificates are provided only to those attending the FULL program, and available at the conclusion of the Workshops on the third afternoon.
Weaving a Tapestry of Pediatric Hypnosis: Connecting a Community

WEB SITES

www.nphti.org
For more information about the National Pediatric Hypnosis Training Institute

www.med.umn.edu/peds/dogpah/education/devbehavior/
For more information about the University of Minnesota Developmental-Behavioral Pediatrics Program.

www.msch.us
For more information about the Minnesota Society of Clinical Hypnosis

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