Pediatric Clinical Hypnosis
Skill Development Workshops 2017
presented by

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

October 19-21, 2017
Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441

In Collaboration with
Minnesota Society of Clinical Hypnosis
University of Minnesota Department of Pediatrics
Children’s Hospitals and Clinics of Minnesota

Sponsored by
Fairview Health Services
Practical hypnosis skills: How to construct therapeutic goals and suggestions

**Introductory Workshop:** Learn to use hypnotic language for therapeutic suggestions during patient encounters

**Intermediate Workshop:** Spotting Practical Skill Building: How to determine specific goals and create hypnotic suggestions

- **Visiting Faculty:** Stefan Friedrichsdorf, MD, FAAP, Medical Director, Department of Pain Medicine, Palliative Care & Integrative Medicine, Children's Hospitals and Clinics of Minnesota, Associate Professor of Pediatrics, University of Minnesota. His department, one of the largest and most comprehensive programs of its kind in the U.S., has received Awards of Excellence.

- All new choices for Mini-Intensive Tutorials: Hypnosis Skill Development (now 90 minutes each!)

**WORKSHOP DESCRIPTION**
These intensive workshops feature a combined lecture-demonstration-experiential training format with a developmental perspective in the use of clinical hypnosis and its empirically supported applications to children and teens experiencing various medical and mental health conditions and challenges. Cutting edge presentations include videos of faculty case vignettes that highlight therapeutic communication, hypnosis strategies, and self-hypnosis.

- Our multi-disciplinary faculty, who are seasoned pediatric clinicians with expertise in the use of pediatric hypnosis, include the most renowned leaders-teachers-researchers-authors in this field.

- The workshops are offered at three levels (Fundamentals, Utilization & Clinical Applications, Individualized Consultation) to licensed pediatric clinicians with advanced degrees and full-time trainees working toward a clinical license.

- Very strong emphasis is placed on experiential learning, (i.e. activities during presentations, and extensive supervised practice of hypnotic techniques) within supportive small groups with a high faculty to trainee ratio.

- Registration fees for the three workshop levels include course presentations, small group exercises, an extensive bibliography, a complimentary cocktail reception, hearty continental breakfasts, and generous morning and afternoon refreshments.

**ELIGIBILITY AND TARGET AUDIENCE**
Workshop participation requires an active clinical license AND one of the following:

- Doctoral Degree in Medicine, Psychology, Nursing or Dentistry
- Masters Degree in Social Work, Marriage and Family Therapy, Clinical or Counseling Psychology
- Masters Degree in Nursing or a Registered Nurse with a Masters Degree and subspecialty training or certification (e.g. APRN, CPNP, CNS)
- Other Advanced degree clinicians (e.g. Occupational & Physical Therapists, Speech & Language Pathologists, et al.)
- Child Life Specialists holding a Doctoral, Masters, or Bachelors degree
- Full-time Interns/Residents/Fellows or Graduate Students enrolled in an accredited program leading to these clinical degrees will be accepted when they provide a letter from their department on letterhead, attesting to their current full-time status, specifying timing of training (month and year).
FUNDAMENTALS OF PEDIATRIC CLINICAL HYPNOSIS (Introductory) WORKSHOP:

This workshop is for clinicians who have not completed a prior pediatric-specific hypnosis training (20+ hours). This workshop teaches basic skill-building in hypnosis as therapeutic communication and adjunctive intervention for children/teens experiencing a variety of clinical conditions. This workshop is also ideal for clinicians wanting a refresher or solidification of confidence in fundamental skills. Particular focus is on management of pain, anxiety, and sleep. Instructional videos and case vignettes are integral components of all presentations. Experiential learning is a critical component (this workshop provides double the amount offered in most introductory hypnosis workshops). Activities include: large group exercises and supervised small group practice (typically a 6:1 trainee : faculty ratio) focused on the structure and elements of clinical hypnosis with children/teens, explaining hypnosis to parents and children, and the use of self-hypnosis.

For complete information, click here [https://tinyurl.com/nphii2017](https://tinyurl.com/nphii2017)

REGISTRATION
Registration Deadlines & Fees – Introductory Workshops register by September 10 to receive Early Reg Discount

<table>
<thead>
<tr>
<th></th>
<th>Kick-off March 1 – June 30</th>
<th>Early Bird July 1 - September 10</th>
<th>Regular After September 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introductory Workshop</td>
<td>$865</td>
<td>$950</td>
<td>$1,000</td>
</tr>
<tr>
<td>MSCH Member</td>
<td>$795</td>
<td>$875</td>
<td>$925</td>
</tr>
<tr>
<td>Children's Hospitals and Clinics of MN Faculty/Staff</td>
<td>$795</td>
<td>$875</td>
<td>$925</td>
</tr>
<tr>
<td>University of MN Faculty/Staff</td>
<td>$795</td>
<td>$875</td>
<td>$925</td>
</tr>
<tr>
<td>Graduate Student/Intern/Resident/Fellow/Trainee</td>
<td>$599</td>
<td>$675</td>
<td>$715</td>
</tr>
</tbody>
</table>

To Register for the Introductory Workshop
ONLINE: Register online with Visa, MasterCard, or American Express at [https://tinyurl.com/nphii2017](https://tinyurl.com/nphii2017)

QUESTIONS: For any questions relating to registration, please contact NPHTI@iplanitmeetings.com or call 1-800-781-1193, ext. 601 between 8 am-5 pm Mountain Time.

UTILIZATION AND EXPANDED CLINICAL APPLICATIONS (Intermediate) WORKSHOP:

NOTE: Participants must have completed an Introductory all pediatric-specific hypnosis training workshop (20+ hours) and are using clinical hypnosis with pediatric patients on a frequent basis. A required Prior Learning/Needs Assessment application is reviewed prior to acceptance for this workshop. This is not a beginning level course.

Prior to registering for this workshop, a completed Application must be submitted for review, click here [https://tinyurl.com/nphii2017](https://tinyurl.com/nphii2017) and select “Application”

This year’s workshop has a much stronger emphasis on determining goals and creating goal-driven suggestions! Content also focuses on Ericksonian Utilization principles while refining and expanding existing hypnosis skills and developing individualized hypnotic treatment approaches for patients and their families. The faculty’s clinical video recordings and case vignettes are integral components of the presentations. Supervised exercises within thoughtfully clustered small groups (with high faculty to trainee ratios) concentrate on augmenting participants’ confidence and specific utilization skills: conversational inductions, pacing and leading, constructing goal-driven suggestions, talking in trance, self-regulation strategies, and other person-centered strategies.

Participants will also select two of six (each 90 minutes!) NEW “mini-intensives” on Hypnosis Skills Development clinical topics:
1) Integrative Medicine Approaches for Children/Teens Experiencing Pain
2) Hypnosis Skill Development: Building Positive Expectations & Creating Response “Yes” Sets
3) Integrative Pediatric Approaches for Children/Teens with Pain
4) Hypnotic Approaches for Children/Teens with Tics & Habit Disorders
5) Hypnotic Approaches for Children/Teens with Enuresis
6) Experiential Training for Cultivating Better Conversational Hypnosis Skills

REGISTRATION

<table>
<thead>
<tr>
<th></th>
<th>Kick-off March 1 – June 30</th>
<th>Early Bird July 1 - September 10</th>
<th>Regular After September 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intermediate Workshop</td>
<td>$865</td>
<td>$950</td>
<td>$1,000</td>
</tr>
<tr>
<td>MSCH Member</td>
<td>$795</td>
<td>$875</td>
<td>$925</td>
</tr>
<tr>
<td>Children's Hospitals and Clinics of MN Faculty/Staff</td>
<td>$795</td>
<td>$875</td>
<td>$925</td>
</tr>
<tr>
<td>University of MN Faculty/Staff</td>
<td>$795</td>
<td>$875</td>
<td>$925</td>
</tr>
<tr>
<td>Graduate Student/Intern/Resident/Fellow/Trainee</td>
<td>$599</td>
<td>$675</td>
<td>$715</td>
</tr>
</tbody>
</table>

To Register for the Intermediate Workshop

Go to [www.nphti.org](http://www.nphti.org) to complete the Prior Learning/Needs Assessment or by clicking here [https://tinyurl.com/nphii2017](https://tinyurl.com/nphii2017) and select “Application”. Upon acceptance of your assessment, you will be contacted with registration instructions.
INDIVIDUALIZED CONSULTATION (Advanced) WORKSHOP: Personalized and Peer Mentoring

The Advanced Workshop will provide extensive, individualized mentor consultation to health care practitioners interested in enhancing their knowledge and expertise in the use of pediatric hypnosis. This 22-hour intensive meeting is designed to fulfill the requirements for attaining ASCH Certification in Clinical Hypnosis and/or an ASCH-Approved consultant. In addition applicants must provide evidence of previous ASCH-approved Pediatric Hypnosis Introductory and Intermediate levels of training (40+ hours total) and facility with hypnotic approaches and techniques and frequent use of pediatric hypnosis in their clinical practice. Advanced participants must present a video-recording of hypnotic work with a pediatric patient and a corresponding typed case vignette of the video. The firm deadline for video submission is July 1, 2017. A “how to” guide to help learners develop effective video recordings will be provided. Prior to registering for this workshop, a required application must be submitted for review, click here https://tinyurl.com/nphti2017 and select “Application”. Upon acceptance of your application, you will be contacted with registration instructions.

The format is unique: participants meet and consult in a small group (max = 6) of fellow clinicians with rotating faculty facilitators who are ASCH Approved Consultants. This model encourages and expects participants to learn from one another and to have their own expertise affirmed and expanded. During the consultation sessions, the focus is upon issues unique to each practitioner’s specialties and practice as reflected in their video submissions.

REGISTRATION

Registration Deadlines & Fees

<table>
<thead>
<tr>
<th>Registration Fee</th>
<th>On or before July 1, 2017</th>
<th>Registrations will not be accepted after July 1, 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advanced Workshop Registration Fee</td>
<td>$1025</td>
<td></td>
</tr>
</tbody>
</table>

To Register for the Advanced Workshop

Go to www.nphti.org to complete the Prior Learning/Needs Assessment or by clicking here https://tinyurl.com/nphti2017 and select “Application”. Upon acceptance of your assessment, you will be contacted with registration and video submission instructions, and a “how to” guide to developing effective video recordings. Early registration is encouraged to reserve your place and facilitate faculty planning. Please note video submissions are due by July 1, 2017.

Registration fees for all three workshops include course presentations (available online in advance, during and following the workshops), hearty continental breakfast, and generous morning and afternoon refreshments. Special needs such as dietary restrictions, lactation room, etc. should be indicated in advance. Requests cannot always be honored on site.

Note: Participants are not considered registered until registrant information, Acknowledgement & Release Waiver and payment have been received by our office.
**Lunch on Your Own**
Lunch during the three day workshops is not included in the registration fee. The hotel will provide options to purchase a box lunch or attendees are welcome to make a reservation at the hotel’s restaurant for lunch. Tickets for the buffet will NOT be available this year.

**Group Registration**
A minimum of 3 registrants from the same organization is required for a group discount of $20 per person to be deducted from the corresponding registration fees listed above. Group registrations must be received within two business days. Contact Registration Services at 1-800-781-1193, ext. 601 to obtain a discount code before beginning the registration process. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

**Course Materials**
A printed syllabus will NOT be distributed at the Workshops. NO services for printing syllabi are available on site during the conference. Registered attendees will be emailed access instructions to view the presentations online prior to the Workshops; and download or print for their use at the conference. The presentations and other course-related materials (e.g. extensive bibliography) will remain available online at the www.NPHTI.org website for 6-8 weeks following conclusion of the Workshops.

**Cancellation Policy**
In the event you need to cancel your registration, the registration fee, less a $50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on September 23, 2017. No refunds will be made after this date.

**WORKSHOP LOCATION & OVERNIGHT ACCOMMODATIONS**
Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441
www.CP Plymouth.com
763-559-6600
800-227-6963

A limited block of hotel rooms is available at the discounted rate of $132.00 per night plus local taxes.

**In order to get this reduced rate, reservations must be made directly with the hotel by the cut-off date of September 16, 2017.** You may reserve your room by one of these methods:
1. Click here to make online reservations: [NPHTI Conference 2017](#)
2. Call 763-559-6600 or 800-227-6963 and request the NPHTI Pediatric Clinical Hypnosis block.

Reservations will be accepted based on space and rate availability.

Parking is complimentary and adjacent to the facility. Valet parking is available for $3.50 per day.
ACCREDITATION

American Medical Association/PRA
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Fairview Health Services, and the National Pediatric Hypnosis Training Institute (NPHTI), the Department of Pediatrics of the University of Minnesota, Children's Hospitals and Clinics of Minnesota and the Minnesota Society of Clinical Hypnosis. Fairview Health Services is accredited by the MMA to provide continuing medical education for physicians.

Fairview Health Services designates this live activity for a maximum of 22.0 AMA PRA Category 1 Credits™ for the Introductory Workshop, 22.0 AMA PRA Category 1 Credits™ for the Intermediate Workshop and 22.0 AMA PRA Category 1 Credits™ for the Advanced Workshop. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Pediatrics (AAP)
This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of 22.0 AAP credits for Introductory Level, 22.0 AAP credits for Intermediate Level, 22.0 AAP credits for Advanced Level. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics

American Society of Clinical Hypnosis (ASCH)
The American Society of Clinical Hypnosis Standards of Training Committee has approved the NPHTI Pediatric Clinical Hypnosis Skill Development Workshops Introductory Level for 22 credits, Intermediate Level for 22 credits and Advanced Level for 22 credits toward ASCH membership and/or certification. The external approval for this program will expire October 31, 2018.

Minnesota Board of Psychology
The NPHTI Pediatric Clinical Hypnosis Skill Development Workshops Introductory Level has been approved for 22.0 continuing education hours, Intermediate Level approved for 22.0 continuing education hours and Advanced Level approved for 22.0 continuing education hours by the Minnesota Board of Psychology (Board Log # 201703.164).

Minnesota Board of Social Work
Fairview Health Services is an approved CE Provider of the Minnesota Board of Social Work. The NPHTI Pediatric Clinical Hypnosis Skill Development Workshops Introductory Level has been approved for 22 continuing education hours, Intermediate Level approved for 22 continuing education hours and Advanced Level approved for 22 continuing education hours. CEP-813

Minnesota Board of Marriage & Family Therapy
The NPHTI Pediatric Clinical Hypnosis Skill Development Workshops Introductory Level has been approved for 22 continuing education hours, Intermediate Level approved for 22 continuing education hours, and Advanced Level approved for 22 continuing education hours by the Minnesota Board of Marriage & Family Therapy. Board-Assigned Log Number CE:2017-097

American Holistic Nurses Credentialing Corporation (AHNCC)
This course is accepted for CE requirements for national board certification and recertification by the American Holistic Nurses Credentialing Corporation.

Nurse Practitioners, Advanced Practice Nurses, Dentists and Other Health Care Professionals
Nurse practitioners, Advanced Practice Nurses, dentists and other health care professionals who participate in this CE activity may submit their Statements of Participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.
INTRODUCTORY WORKSHOP
Co-coordinators: Pamela Kaiser, PhD, CPNP, CNS and Daniel Kohen, MD

Educational Objectives
At the completion of the Introductory Workshop, learners should be better able to:
• List the stages of hypnosis
• Describe hypnosis as a process of therapeutic communication
• Describe and demonstrate three pediatric hypnosis induction methods and three intensification techniques
• Explain hypnosis to parents and children
• Teach children and families self-hypnosis skills
• Outline the uses of hypnosis for children/teens experiencing procedural or chronic, recurring pain, anxiety/fear, and sleep disturbance
• Outline a strategy for getting started using hypnosis in clinical practice

AGENDA

Thursday, October 19, 2017
7:00 a.m.  Registration and Breakfast Buffet
8:00   Introduction – Course Overview & Faculty Introductions
8:30   Hypnosis Definitions/Theories/Myths
9:25   Hypnosis Structure and Stages
10:15  Refreshment Break
10:35  Hypnosis: The Many Right Ways
11:15  Overview: Format for Small Group Practice
11:35  #1 Demo: Induction: Special Place (Dissociation); Intensification: Multisensory Imagery
11:50  Lunch on Your Own
1:00   #1 Small Group Practice: Induction: Special Place (Dissociation) – Intensification: Multisensory Imagery – Alert – Debrief
2:40   Refreshment Break
3:00   #2 Demo: Induction: The Breath; Intensification: Muscle Relaxation
3:15   #2 Small Group Practice: Induction: The Breath; Intensification: Muscle Relaxation – Alert – Debrief
4:55   Hypnosis: Developmental Considerations
5:45   Adjourn
6:00 p.m.  Complimentary Welcome Reception

Friday, October 20, 2017
7:00 a.m.  Breakfast Buffet
8:00   Formulating Suggestions: Language & Utilization / Communication Techniques
9:10   #3 Demo: Induction: Magnet Fingers; Intensification: Utilization; Give Suggestions
9:25   Refreshment Break
9:45   #3 Small Group Practice: Induction: Magnet Fingers; Intensification: Utilization; Incorporate Language & Suggestions
11:05  #4 Demo: Explaining Hypnosis to Child & Parents with Video
11:30  Lunch on Your Own

Saturday, October 21, 2017
7:00 a.m.  Breakfast Buffet
8:00   Goals & Suggestions: Sleep Disturbances
8:50   Goals & Suggestions: Acute & Chronic Pain
9:50   #6 Demo: Magic Glove Technique: with Video
10:15  Refreshment Break
10:30  #6 Small Group Practice: Magic Glove Technique
11:35  Lunch on Your Own
12:45  Self-Hypnosis (SH): Learning, Teaching, and Questions
1:10   Self-Hypnosis: Large Group Experience/Debrief
1:30   #7 Demo: Teach SH + Do SH
1:50   #7 Small Group Practice: Teach Self-Hypnosis – Do Self-Hypnosis
2:20   Refreshment Break
2:35   Breakout Groups: (Participants’ Choice) Planning a Hypnosis Session: Goals & Suggestions
1. Pain
2. Anxiety
3. Primary Care
4. Chronic Conditions
3:50   Continued Learning & Resources beyond Monday: NPHTI, Ongoing Education & Organizations
4:10   Beyond Today: What’s Left To Learn?
4:20   Special Closure: All Faculty Group Hypnosis with Participants
4:30 p.m.  Adjourn / Pick up OPTIONAL Certificates for Framing (pre-ordered)

CONTINUING PROFESSIONAL DEVELOPMENT
Pediatric Clinical Hypnosis
Skill Development Workshops 2015
presented by
October 15 - 17, 2015
Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441
In Collaboration with
Minnesota Society of Clinical Hypnosis
University of Minnesota Department of Pediatrics
INTERMEDIATE WORKSHOP
Co- coordinators: Pamela Kaiser, PhD, CPNP, CNS and Daniel Kohen, MD, FAAP, ABMH

Educational Objectives
At the completion of the Intermediate Workshop, learners should be better able to:
• Refine therapeutic language skills in order to plan individualized hypnosis sessions
• Identify individualized specific goals and design and deliver goal-driven suggestions
• Integrate hypnotic utilization techniques: conversational inductions, pacing & leading, talking in trance, fractionation, reframing, and age progression & regression
• Enhance ability to apply hypnosis strategies to more complex clinical issues (respiratory, gastro-intestinal, pain, anxiety disorders and palliative care)
• Incorporate hypnotic self-regulation strategies for those experiencing anxiety, stress, acute or chronic pain
• Utilize a patient’s resources and needs when designing an individualized treatment plan
• Augment hypnosis skills and approaches for children & teens with pain, enuresis, tics, habits, and for building positive expectations (depending on choice of mini-intensives).

AGENDA

Thursday, October 19, 2017
7:00 a.m.  Registration and Breakfast Buffet
8:00  Introduction – Course Overview & Faculty Introductions
8:30  Hypnosis: Re-fining Utilization/ Pacing & Leading
9:15  Utilizing Language; Why and How To Say What We Say, Pacing & Leading
10:00  Introduction to Small Groups
 #1 Demo: Conversational Induction; Pacing & Leading
10:25  Refreshment Break
10:40  #1 Small Group Practice: Conversational Inductions; Pacing & Leading
12:10  Lunch on Your Own
1:20  Utilizing Unfolding Development: Abstract Thinking, Metaphors, & Self-Regulation
2:00  NEW! Planning a Hypnosis Session: Creating Goal-driven Suggestions
3:00  Refreshment Break
3:20  NEW! Planning a Hypnosis Session: Post-Hypnotic Suggestions
4:05  NEW! #2 Demo: Designing and Delivering Suggestions
4:25  NEW! #2 Small Group Practice: Designing & Delivering Suggestions
5:45  Adjourn
6:00  Complimentary Welcome Reception

Friday, October 20, 2017
7:00 a.m.  Breakfast Buffet
8:00  Anxiety & Fear: Goals & Suggestions for Self-Regulation
9:20  #3 Demo: Suggestions for Self-Regulation of Anxiety & Fear
9:35  Refreshment Break
9:50  #3 Small Group Practice: Suggestions for Self-Regulation of Anxiety & Fear
11:25  Lunch on Your Own
12:35  Acute and Procedural Pain
1:25  Integrating Hypnosis into Clinical Encounters

Saturday, October 21, 2017
7:15 a.m.  Breakfast Buffet
8:00  #5 Demo: Talking in Trance
8:30  #5 Small Group Practice: Talking in Trance
9:55  Refreshment Break
10:15  Mini-Intensive: Hypnosis Skill Development: ALL NEW! Clinical Topics
Pick one of the following:
- (A1) Morning Only! Hypnotic Approaches for Children/Teens with Enuresis
- (B1) Morning Only! Experiential Training for Cultivating Better Conversational Hypnosis Skills
- (C1) Integrative Pediatric Approaches for Children/Teens with Pain
11:45  Lunch on Your Own
12:55  Mini-Intensive: Hypnosis Skill Development
ALL NEW! Clinical Topics Pick One of the Following:
- New A & B Session & Repeat C Session:
  - (A2) Afternoon Only! Building Positive Expectations & Creating Response “Yes” Sets
  - (B2) Afternoon Only! Hypnotic Approaches for Children/Teens with Tics & Habit Disorders
  - (C2) Integrative Pediatric Approaches for Children/Teens with Pain
2:25  Refreshment Break
2:45  NEW! Panel & Group Discussion: Building, Using & Maintaining Hypnosis
3:50  Continued Learning & Resources beyond Monday: NPHTI, Ongoing Education & Organizations
4:10  Beyond Today; What’s left to learn?
4:20  Special Closure: All Faculty Group Hypnosis with Participants
4:30 p.m.  Adjourn / Pick up OPTIONAL Certificates for Framing (pre-ordered) Registration Desk
**ADVANCED WORKSHOP**  
Co-coordinators: Daniel P. Kohen, MD, FAAP, ABMH and Leora Kuttner, PhD

**Educational Objectives**  
At the completion of the Advanced Workshop, learners should be better able to:
- Reflectively evaluate one’s own clinical skills/language through video review, critique, and discussion with colleague advanced learners and carefully matched faculty mentors
- Problem-solve challenging clinical situations regarding application of hypnotic strategies with colleague advanced learners and carefully matched faculty mentors
- Review, evaluate, and offer guidance regarding (others’) clinical hypnosis encounters with colleague advanced learners and carefully matched faculty mentors

---

### AGENDA

#### Thursday, October 19, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Registration &amp; Breakfast Buffet</td>
</tr>
<tr>
<td>8:00</td>
<td>Introduction to Workshop Overview (All Groups)</td>
</tr>
<tr>
<td>8:35</td>
<td>Case Presentation with Mentor Consultation</td>
</tr>
<tr>
<td>10:15</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>10:35</td>
<td>Continuation of Case Presentation with Mentor Consultation</td>
</tr>
<tr>
<td>12:15</td>
<td>Lunch On Your Own</td>
</tr>
<tr>
<td>1:30</td>
<td>Case Presentation with Mentor Consultation</td>
</tr>
<tr>
<td>2:50</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>3:10</td>
<td>Continuation of Case Presentation with Mentor Consultation</td>
</tr>
<tr>
<td>5:15 p.m.</td>
<td>Adjourn for the Day</td>
</tr>
</tbody>
</table>

Evening Viewing (on own) of Videos

#### Saturday, October 21, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Breakfast Buffet</td>
</tr>
<tr>
<td>8:30</td>
<td>Case Presentation with Mentor Consultation</td>
</tr>
<tr>
<td>10:10</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>10:30</td>
<td>Continuation of Case Presentation with Mentor Consultation</td>
</tr>
<tr>
<td>12:00</td>
<td>Lunch on Your Own</td>
</tr>
<tr>
<td>12:45</td>
<td>Case Presentation with Mentor Consultation</td>
</tr>
<tr>
<td>2:30</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>2:45</td>
<td>Continuation of Case Presentation with Mentor Consultation</td>
</tr>
<tr>
<td>4:15</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td>4:20</td>
<td>Important Closure: All Faculty Group Hypnosis</td>
</tr>
<tr>
<td>4:30 p.m.</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

---

**CONTINUING PROFESSIONAL DEVELOPMENT**  
**Pediatric Clinical Hypnosis Skill Development Workshops 2015**  
Presented by October 15 - 17, 2015  
Crowne Plaza Minneapolis West  
3131 Campus Drive  
Plymouth, MN 55441  
In Collaboration with Minnesota Society of Clinical Hypnosis  
University of Minnesota Department of Pediatrics
2017 HOST WORKSHOP FACULTY AND GROUP FACILITATORS

ANDREW J. BARNES, MD, MPH, FAAP*
Assistant Professor, Pediatrics and Adolescent Health, Developmental-Behavioral Pediatrics, University of Minnesota, Minneapolis, MN; Former physician member-at- large, MSCH; Approved Consultant, ASCH

DAVID K. BECKER, MD, MFT
Clinical Professor, Department of Pediatrics and the Osher Center for Integrative Medicine, University of California, San Francisco; Marriage and Family Therapist, ASCH member

CHERYL S. BEMEL, PhD, LP
Psychologist, NCSP Nationally Certified School Psychologist; Clinical Psychologist at Allina Health Medical, St. Paul, Minnesota; Independent Practice, St. Paul, Minnesota; Deployable Psychologist, MN Behavioral Health Unit Medical Reserve Corps (MN BH MRC); Licensed Early Childhood Teacher, MN Dept. of Education; Former Crisis Psychologist, United Hospital, St. Paul, MN; Former Child Psychologist, University of Minnesota Hospitals and Clinics Inpatient Units; Current Treasurer, MSCH; Faculty, MSCH; Approved Consultant, ASCH.

FREDERICK BOGIN, MD, FAAP
Assistant Professor of Pediatrics (retired), University of Connecticut School of Medicine; Private Practice, Pediatric Hypnotherapy; Certified, ASCH

CAMILLA G. CEPPIC/OZZIO, MD, FMH
General Pediatrics and Adolescent Medicine Physician, Private Practice, Dübendorf, Switzerland; Member of Swiss Society of Pediatrics; Certified Physician, Swiss Academy of Psychosomatic and Psychosocial Medicine (SAPPM); ASCH, International Member

CANDACE J. ERICKSON, MD, FAAP, MPH
Senior Faculty
Associate Professor of Clinical Pediatrics, Columbia University College of Physicians and Surgeons, New York, NY; Developmental and Behavioral Pediatrician, Morgan Stanley Children's Hospital of New York Presbyterian Hospital, New York, NY and Brooklyn Hospital Center, Brooklyn, NY; Course Director SDBP Pediatric Clinical Hypnosis Workshops (1987-2009)

STEFAN J. FRIEDRICHSDORF, MD, FAAP
Visiting Faculty
Director of the Department of Pain Medicine, Palliative Care, and Integrative Medicine at Children's Hospitals and Clinics of Minnesota (Minneapolis/St. Paul); Associate Professor, Pediatrics, University of Minnesota. His department has received awards for their leadership in comprehensive therapies in these fields, for outstanding educational achievements, and as a clinical center of excellence from the American Pain Society, the Center to Advance Palliative Care, and the American Hospital Association. He is associate editor of the Journal of Pain and Symptom Management, the principal investigator of a National Institutes of Health (NIH) / National Cancer Institute (NCI) six-year multisite study on the creation, implementation and evaluation of a Pediatric Palliative Care Curriculum (EPEC-Pediatrics) and is course director of the annual week-long “Pediatric Pain Master Class”. His research proved the positive nation-wide impact of a protocol (a train-the-trainer educational initiative) he developed to enhance the quality of palliative care for children with cancer. Dr. Friedrichsdorf lectures internationally and has published extensively.

MELANIE A. GOLD, DO, DABMA, DMQ
Senior Faculty
Medical Director, School Based Health Centers, Professor of Pediatrics & Family Health, Columbia University Medical Center, New York Presbyterian Hospital, New York, NY

HOWARD HALL, PhD, PSYD, BCB
Senior Faculty
Professor of Pediatrics, Psychiatry, and Psychological Sciences, UH Cleveland Medical Center, Rainbow Babies & Children's Hospital, Division of Developmental/Behavioral Pediatrics & Psychology Cleveland, OH; Board Certified in Biofeedback (BCB); Approved Consultant, ASCH

PAMELA KAISER, PhD, CPNP, CNS*
Senior Faculty
Co-Founder and Co-Director, National Pediatric Hypnosis Training Institute; Former Associate Clinical Professor, Developmental-Behavioral Pediatrics, University of California, San Francisco, CA; Former Director: Anxiety, Stress, and Health Clinic, Palo Alto, CA; Clinical Child & Adolescent Psychologist; Certified Pediatric Nurse Practitioner; Pediatric Clinical Nurse Specialist; Past Executive Council Member, Faculty, & Approved Consultant, ASCH

REBECCA KAJANDER, CPNP, MPH
Facilitator, Teen Resilience Program, Minneapolis, MN. Former PNP with Noran Neurological Clinic, Minneapolis, MN; Former Department Chair and Clinical Practice Director, Alexander Center for Child Development and Behavior, Park Nicollet Clinic, St. Louis Park, MN; Former Adjunct Faculty Developmental-Behavior Pediatrics, Department of Pediatrics, University of Minnesota Medical School; Instructor, School of Nursing, University of Minnesota, Minneapolis, MN; Faculty, MSCH

ADAM KEATING, MD, FAAP
General Pediatrician, Section Head, Community Pediatrics, Cleveland Clinic Children’s, Wooster, OH; Medical Director, Longbrake Student Wellness Center, College of Wooster; Clinical Assistant Professor of Pediatrics, Cleveland Clinic Lerner College of Medicine; Clinical Associate Professor of Pediatrics Ohio University Heritage College of Osteopathic Medicine; Approved Consultant, ASCH
2017 HOST WORKSHOP FACULTY AND GROUP FACILITATORS

DANIEL P. KOHEN, MD, FAAP, ABMH*
Senior Faculty
Co-Founder and Co-Director, National Pediatric Hypnosis Training Institute; Developmental-Behavioral Pediatrics, Medical Hypnosis & Self-Regulation, Partners-in-Healing of Minneapolis, Minnetonka, MN; Former Director: Developmental-Behavioral Pediatrics and Professor, Departments of Pediatrics and Family Medicine and Community Health, University of Minnesota (retired); Former Director of Education and Training, Minnesota Society of Clinical Hypnosis (MSCH); Past President, MSCH; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, and Approved Consultant, ASCH; Fellow, SCEH

HARRIET KOHEN, MA, MSW, CPT
Therapist, Partners-in-Healing of Minneapolis; Past-President, MN Society for Clinical Social Work; Credential Chair, International Federation of Bibliotherapy/Poetry Therapy; Faculty, MSCH

LEORA KUTTNER, PhD*
Senior Faculty
Clinical Psychologist and Clinical Professor of Pediatrics, University of British Columbia and British Columbia Children's Hospital, Vancouver, Canada; Vice-President, Canadian Society of Clinical Hypnosis (BC Division); International Hypnosis Society; Scientific Planning Committee for Montreal Conf. 2018; Approved Consultant, ASCH

JEFF LAZARUS, MD, FAAP
Former Associate Clinical Professor of Pediatrics, Rainbow Babies and Children's Hospital, Case Western Reserve School of Medicine; Pediatric hypnosis private practice, Menlo Park, California; Former pediatric private practice, Cleveland, Ohio; Approved Consultant, ASCH

LISA LOMBARD, PhD
Clinical & Consulting Psychologist in Private Practice and at the Frances Xavier Warde School, Chicago IL; President, Chicago Society of Clinical Hypnosis; Former Associate Professor of Clinical Psychology (Child and Adolescent Track), Chicago School of Professional Psychology; Former Coordinator, Cognitive Assessment Clinic, George Mason University, Fairfax, VA; Clinical Section Head, Illinois Psychological Association; 2017 Introductory Workshop Co-Chair, Society for Clinical and Experimental Hypnosis; Approved Consultant, ASCH

KAREN OLNESS, MD, FAAP, ABMH
Senior Faculty
Professor Emerita of Pediatrics, Global Health & Diseases, Case Western Reserve University, Cleveland, OH; Diplomate and Past President, American Board of Medical Hypnosis; Past President, ASCH, SCEH and International Society of Hypnosis; Fellow, ASCH, SCEH

ROBERT PENDERGRAST, MD, MPH, FAAP
Professor of Pediatrics, Medical College of Georgia, Georgia Regents University; Director, Adolescent Medicine, Children’s Hospital of Georgia, Augusta, GA; Aiken-Augusta Holistic Health, North Augusta, SC; Approved Consultant, ASCH

EILEEN POULIN, MD, FAAP
Pediatric Faculty, Tufts University School of Medicine, Maine Medical Partners Pediatric Clinic at Maine Medical Center, Portland, Maine; Maine Pediatric Hypnosis (Private Practice), Falmouth, Maine; Certified, ASCH

TERESA QUINN, MD, FAAP, ABMH
Assistant Professor, University of Minnesota; Methodist Hospital Family Medicine Residency, CAQ Geriatrics; Approved Consultant, ABMH, ASCH

LYNDA RICHTSMEIER CYR, PhD, LP
Clinical Psychologist, Private Practice, Minneapolis, MN; Associate Clinical Director, The Center for Mind Body Medicine; Clinical Associate, Teen Resilience Program; Former Clinical Instructor of Pediatrics, University of Minnesota; Former Clinical Lead and Program Manager, Integrative Medicine Program at Children’s Hospitals and Clinics of Minnesota

LAURENCE I. SUGARMAN, MD, FAAP, ABMH
Senior Faculty
Research Professor and Director, Center for Applied Psychophysiology and Self-regulation, Institute and College of Health Sciences and Technology, Rochester Institute of Technology; Clinical Professor in Pediatrics, University of Rochester; Behavioral Pediatrician, Easter Seals Diagnostic and Treatment Center, Rochester, NY; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, Approved Consultant, ASCH

JODY THOMAS, PhD
Clinical Psychologist, Private Practice in Denver, Colorado; Former Associate Professor, Department of Anesthesia, Stanford University School of Medicine; Former founding Clinical Director, Pediatric Pain Rehabilitation Program at Stanford Children's Health; Member, ASCH

MARK B. WEISBERG, PhD, ABPP, LP
Clinical Health Psychologist, Diplomate in Health Psychology; Listed, National Register of Health Service Providers in Psychology; Independent Practice, Minneapolis, MN; Fellow, American Psychological Association; Past President, MSCH; Fellow, Past Vice President, Past Secretary, Approved Consultant, ASCH

ELAINE WYNNE, MA
Licensed Psychologist, Circle of Cranes Psychology Center, LLC, Golden Valley, MN; Professional Storyteller, President, Veteran Resilience Project; Faculty, MSCH; Approved Consultant, ASCH

* Denotes Planning Committee Member
REGISTRATION FORM
Pediatric Clinical Hypnosis Introductory Workshop ONLY*

For Intermediate registration go to: https://tinyurl.com/nphti2017
For Advanced registration go to: https://tinyurl.com/nphti2017

October 19-21, 2017

Please type or print clearly. A name badge and statement of participation are generated from this form.

Name ________________________________________________________________
Affiliation _____________________________________________________________
Department ___________________________________________________________
Address □ HOME □ OFFICE _______________________________________________
Mail Stop _____________________________________________________________
City________________________________________________________State_________Zip __________
Office Telephone Number _______________________________________________
Email _________________________________________________________________

Receipts, confirmations, and driving directions are now emailed from our office. Please include your email address and print clearly.

Degree □ MD □ DO □ PhD □ PsyD □ MA/MS □ LMFT □ NP □ CNS □ RN □ Other

Specialty: □ General Pediatric Practice: ____________________ □ Pediatrics / Subspecialty: ____________________
□ Marriage/Family/Therapy / Subspecialty: ____________________ □ Family Medicine / Subspecialty: ____________________
□ Social Work / Subspecialty: ____________________ □ Psychiatry / Subspecialty: ____________________
□ Education / Subspecialty: ____________________ □ Psychology / Subspecialty: ____________________
□ General Surgery / Subspecialty: ____________________ □ Nursing / Subspecialty: ____________________
□ Other: ____________________ □ MPH □ MSW/ACSW □ LCSW □ LMSW □ CCLS □ DDS/DMD □ OT □ PT

Licensed in Profession ____________________ (Required) License # __________ State _________

Students, Interns, Residents, Fellows (Must include letter from school and clinical program documenting current enrollment toward a clinical license): ____________________

REGISTRATION FEES

<table>
<thead>
<tr>
<th></th>
<th>Kick-off Early Bird Regular</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introductory Workshop</td>
<td>$865 $950 $1,000</td>
</tr>
<tr>
<td>MSCH Member</td>
<td>$795 $875 $925</td>
</tr>
<tr>
<td>Children’s Hospitals and Clinics of MN Faculty/Staff</td>
<td>$795 $875 $925</td>
</tr>
<tr>
<td>University of MN Faculty/Staff</td>
<td>$795 $875 $925</td>
</tr>
<tr>
<td>Graduate Student/Intern/Resident/Fellow/Trainee</td>
<td>$599 $675 $715</td>
</tr>
</tbody>
</table>

Group Registration
A minimum of 3 registrants from the same organization is required for a group discount of $20 per person to be deducted from the corresponding registration fees listed above. Submit all registrations together with one check payment. Online group registrations must be received within two business days. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

Special Needs
Special needs such as dietary restrictions, lactation room, etc. should be requested in advance; requests cannot always be honored onsite.

PLEASE NOTE: A SIGNED ACKNOWLEDGEMENT AND RELEASE FORM MUST ACCOMPANY YOUR REGISTRATION.

TO REGISTER - Register online with Visa, MasterCard, or American Express. Go to https://tinyurl.com/nphti2017

QUESTIONS: For any questions relating to registration, please contact NPHTI@iplanitmeetings.com or call 1-800-781-1193, ext. 601 between 8 am-5 pm Mountain Time.

CANCELLATION POLICY - In the event you need to cancel your registration, the registration fee, less a $50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on September 23, 2017. No refunds will be made after this date.
ACKNOWLEDGMENT AND RELEASE

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE
MINNESOTA SOCIETY OF CLINICAL HYPNOSIS
DEPARTMENT OF PEDIATRICS, UNIVERSITY OF MINNESOTA
FAIRVIEW HEALTH SERVICES

Name of Workshop: National Pediatric Hypnosis Training Institute (NPHTI)
Annual Skill Development Workshops in Pediatric Clinical Hypnosis

Dates: October 19-21, 2017

Location: Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441

The undersigned acknowledges that he/she has volunteered to participate in a workshop in which he/she engages in a hypnotic state ("trance"), and that workshop participants and faculty will be present during this/these session(s).

The undersigned does not have any medical or mental health problems or other special conditions that might interfere with their participation, except as have been disclosed to faculty members.

Because this is a Skills Development Workshop, all participants are expected to attend the ENTIRE workshop and participate in experiential activities, including trance experiences. Exceptions are not permitted.

The undersigned understands that Continuing Education Certificates are distributed at the completion of the workshop: please plan your travel accordingly. In addition, an optional (for purchase) pre-ordered Certificate of Participation, (suitable for framing) is provided only to those attending the FULL program and must be picked up at the conclusion of the workshop.

The undersigned acknowledges that NPHTI reserves the right to withdraw from participation in the training workshop any clinician whose behavior significantly interferes with the group’s learning process, or is disrespectful and/or offensive to colleagues and/or faculty.

The undersigned agrees to hold harmless the NPHTI, MSCH, and the University of Minnesota Department of Pediatrics and Fairview Health Services their employees and members, the faculty and other participants in the above described workshop, and indemnify them from and against any and all claims, damages, and costs arising from the undersigned’s participation in the above described workshop.

_______________________________________________________________________________________
Printed Name
_______________________________________________________________________________________
Signature
_______________________________________________________________________________________
Date

NOTE: All participants are expected to attend the entire workshop and participate in experiential activities, including trance experiences. Exceptions are not permitted. Participant Certificates are provided only to those attending the FULL program, and available at the conclusion of the Workshops on the third afternoon.
Pediatric Clinical Hypnosis
Skill Development Workshops 2017
presented by
NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

October 19-21, 2017
Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441

WEB SITES

www.nphti.org
For more information about the National Pediatric Hypnosis Training Institute

www.med.umn.edu/peds/dogpah/education/devbehavior/
For more information about the University of Minnesota Developmental-Behavioral Pediatrics Program.

www.msch.us
For more information about the Minnesota Society of Clinical Hypnosis