



You're invited to attend ...

14th Annual

Pediatric Clinical Hypnosis Skills Development Workshops 2025

October 9-11, 2025

Come Join Us!

Connecting clinicians while stretching skills in integrative health!

Extensive experiential learning!

Renowned Faculty!

**In Collaboration with
Minnesota Society of Clinical Hypnosis
University of MN Department of Pediatrics**

Sponsored by Minnesota Medical Association



MINNESOTA
MEDICAL
ASSOCIATION

"Helping Children Help Themselves"

Highlights for 2025

- **NEW!** Hotel location! More open, lovely space with a Caribou Coffee Shop!
- **EXPERIENTIAL** learning activities comprise **OVER HALF** of the workshop!
- **NEW!** Panel and discussions opportunities!
- Learning and refining your practical hypnosis skills!
- **NEW** Mini-Intensive Sessions in Utilization Workshop!
- Scholarships are available!

WHAT?

NPHTI, the premier Pediatric Hypnosis Training organization globally, announces its 14th gathering. Over half the workshop is devoted to practicing skills in a collegial small group with like-minded professionals and supportive faculty mentor-facilitators (typically 6:1 ratio).

WHO?

Since 2010 NPHTI has trained over 1100 licensed pediatric clinical professionals: psychologists, physicians, social workers, nurse practitioners, dentists, occupational and physical therapists, speech and language pathologists, and child life specialists. We especially welcome full-time trainees working toward an advanced clinical license in one of these fields. Pediatric clinicians—from the novice to the nimble—are invited to develop or refine skills in clinical pediatric hypnosis taught by seasoned multi-disciplinary faculty who include the top experts in the field.

WHY?

Come together to build your skills in clinical hypnosis that help children learn to help themselves. Learn how to set individualized goals and craft hypnotic suggestions with your pediatric patients! Connect with colleagues! Chat with the experts!

HOW?

Carve out time for a hard-earned respite in a lovely setting while absorbed in NPHTI's curricular focus on *experiential* learning. Rally your professional friends to attend one of our tri-level concurrent workshops.

WHEN?

Thursday-Saturday, October 9-11, 2025

WHERE? NEW LOCATION!!!!

Marriott Minneapolis Northwest, 7025 Northland Drive North, Minneapolis, MN (Minneapolis suburb), USA.

RSVP ASAP! Space is limited!

Register here: <https://www.nphti.org/2025-workshop-registration>



DESCRIPTION OF WORKSHOPS

These intensive workshops feature a combined lecture-demonstration-experiential training format with a developmental perspective in the use of clinical hypnosis & its empirically supported applications to children and teens with various medical & mental health conditions and challenges.

- **Cutting edge presentations** includes Faculty videos therapeutic communication, goal setting, crafting and developing suggestions and other hypnosis strategies.
- **Faculty:** Our multi-disciplinary, seasoned pediatric clinician-educators have expertise in pediatric hypnosis and are considered the most renowned leaders-teachers-researchers-authors in this field.
- **Three levels of workshops:** Fundamentals; Utilization & Expanded Clinical Applications; & Individualized Consultation.
- **Extensive experiential learning:** Activities during presentations, and abundant supervised practice of hypnotic techniques within supportive small groups with a high faculty-to-trainee ratio. (1:6)
- **Registration fees include:** Presentation Materials, Online Syllabus, Small Group Exercises, CME/CEU Credit (**at no extra charge**), Comprehensive Bibliography, Generous Breakfast and Morning & Afternoon Refreshments. Special needs such as dietary restrictions, lactation room, etc. should be indicated in advance. Requests cannot always be honored on site.

ELIGIBILITY AND TARGET AUDIENCE: Requires an active clinical license AND one of the following:

- Doctoral Degree in Medicine, Psychology, Nursing or Dentistry
- Masters Degree in Social Work, Marriage and Family Therapy, Clinical or Counseling Psychology
- Masters Degree in Nursing or Advanced Practice Registered Nurses (i.e. APRN, CPNP, CNS)
- Other Advanced degree clinicians (e.g. Occupational & Physical Therapists, Speech & Language Pathologists)
- Child Life Specialists holding a Doctoral, Masters, or Bachelors degree and hold CCLS certification
- Music Therapists who hold MT-BC board certification
- Registered Art Therapist (ATR) is the credential that ensures an art therapist meets established standards, with successful completion of advanced specific graduate-level education in art therapy and supervised post-graduate art therapy experience.
- Board Certified Art Therapist (ATR-BC) is the highest-level art therapy competency. These registered art therapists (ATR) carry board certification distinction when they pass the national examination, demonstrating comprehensive knowledge of the theories and clinical skills used in art therapy.
- Full-time Interns/Residents/Fellows or Graduate Students enrolled in an accredited program leading to these clinical degrees will be accepted when they provide a letter from their department on letterhead, attesting to their current full-time status, specifying timing of training (month and year).
- Relevant clinical pediatric training and experience will also be considered for attendance on an individual basis. Please contact TrainWithNPHTI@gmail.com for more information. Our goal is to be inclusive while providing the most up-to-date training in Pediatric Hypnosis so that it can be taught safely and effectively for the benefit of children and adolescents.

FUNDAMENTALS OF PEDIATRIC CLINICAL HYPNOSIS WORKSHOP:

For Clinicians who have not yet completed a pediatric-specific hypnosis training (20+ hours) and for clinicians wanting to refresh or solidify their confidence in fundamental pediatric hypnosis skills.

- Foundational skill-building in hypnosis as therapeutic communication and adjunctive intervention for children/teens with various health and behavioral problems.
- Clinical focus: hypnosis adjunctive management of pain, anxiety, chronic functional conditions, and sleep issues for children and teens at different developmental stages.
- State-of-the-art presentations include instructional videos of faculty cases and case vignettes.
- Experiential learning is our wonderful key element! Over half of total workshop time is spent in very small group practice (6:1 trainee: faculty ratio) & large group exercises focused on the structure and elements of clinical hypnosis for children/teens, using therapeutic language, explaining hypnosis to parents and children, delivering personally crafted hypnotic suggestions, and using self-hypnosis.

REGISTRATION

REGISTER EARLY TO GET THE DISCOUNT!

	Early Bird Before or on July 31	Regular After July 31
Fundamentals Workshop	\$970	\$1,100
MSCH Members/Uof MN Faculty/Staff	\$915	\$1,060
Grad/Res/Fellow	\$750	\$ 825

NOTE: Participants are not considered registered until registrant information is complete, the Acknowledgment & Release Waiver is signed, and payment is received.

For complete information and to register for the Fundamentals Workshop, click [here](#)

Cancellation Policy: A full refund (minus \$50 admin fee) until 30 days prior to the training (Sept 8). After Sept 8, no refunds will be offered.

QUESTIONS: For any questions relating to registration, please contact TrainWithNPHTI@gmail.com

UTILIZATION AND EXPANDED CLINICAL APPLICATIONS WORKSHOP:

NOTE: We welcome any and all who are licensed health professionals, and have completed a Fundamentals all-pediatric-specific Hypnosis Training Workshop (20+ hours) with NPHTI, SDBP, or equivalent approved Pediatric Hypnosis Workshop and who are using clinical hypnosis with pediatric patients on a regular basis. Please indicate the year of your Fundamentals or Introductory/Basic Pediatric Hypnosis Workshop on your Registration.

- Workshop emphasizes experiential learning and how to set personalized hypnosis goals and create appropriate hypnosis suggestions.
- Learn how to incorporate Ericksonian Utilization principles in your hypnosis approach.
- Refine and expand existing hypnosis skills and develop individualized hypnotic treatment approaches for your patients.
- Faculty videos and case vignettes are integral throughout the workshop.
- Supervised exercises: Augment your confidence and utilization skills (conversational invitations, pacing & leading, constructing goal-targeted suggestions, talking within hypnosis, self-regulation strategies, and other person-centered strategies) within thoughtfully clustered small groups (with high faculty to trainee ratios).
- Select two “mini-intensive” (90 minutes each) clinical applications for further Hypnosis Skill Development.

REGISTRATION

REGISTER EARLY TO GET DISCOUNT!

	Early Bird Before or on July 31	Regular After July 31
Utilization & Expanded Clinical Applications Workshop	\$970	\$1,100
MSCH Members/Uof MN Faculty/Staff	\$915	\$1,060
Grad/Res/Fellow	\$750	\$ 825

NOTE: Participants are not considered registered until registrant information is complete, the Acknowledgment & Release Waiver is signed, and payment is received.

To register for the Utilization/Expanded Clinical Applications Workshop, click [here](#).

Cancellation Policy: A full refund (minus \$50 admin fee) until 30 days prior to the training (Sept 8). After Sept 8, no refunds will be offered.

Register online with Visa, MasterCard, or American Express. Questions relating to registration, please contact TrainWithNPHTI@gmail.com

INDIVIDUALIZED CONSULTATION WORKSHOP: Personalized and Peer Mentoring

- Provides extensive half day dedicated individualized mentor consultation to clinicians ready to enhance their knowledge and expertise in the use of pediatric hypnosis.
- Fulfills partial requirements for attaining ASCH Certification in Clinical Hypnosis and/or an ASCH-Approved Consultant.
- Unique format: Clinicians consult in a small group (max = 6) with faculty who are matched to the case.

In addition to thoughtfully-matched faculty consultation, this model expects participants to learn from one another and to have their own expertise affirmed and expanded. During the consultation sessions, the focus is on issues unique to each practitioner's practice as reflected in their video submissions. **Participants must present a video-recording of hypnotic work with a pediatric patient and case history.**

A firm deadline for video submission is July 15, 2025. See instructions below.

REGISTRATION REGISTRATION IS LIMITED - REGISTER NOW!

Registration Deadlines & Fees

Registrations will not be accepted
after July 15, 2025

Workshop Registration Fee

\$1,100

REGISTRATION FOR THE INDIVIDUALIZED CONSULTATION WORKSHOP IS BY INVITATION ONLY.

NOTE: Participants invited to participate in this work will be sent a registration link. Please note that participants are not considered registered until registrant information is complete, Acknowledgment & Release Waiver is signed, and payment is received.

QUESTIONS: For any questions relating to registration, please contact TrainWithNPHTI@gmail.com

CANCELLATION POLICY: A full refund (minus \$50 admin fee) until 30 days prior to the training (Sept 8). After Sept 8, no refunds will be offered.

"I would highly recommend this NPHTI course for any general pediatrician or pediatric subspecialist."

"I have grown so much as a professional in just three days! I felt so supported and valued by the faculty. This course felt like an apprenticeship. I had the chance to work with experts in the field, who came alongside me and boosted me up with empowerment and helpful suggestions."

"NPHTI as an organization and the faculty at the conference have been impactful beyond anything I had expected. It has fundamentally changed how I view my clients as well as how I view myself. It fostered a sense of safety within myself that I feel confident I can teach to the kids that I work with as a marriage and family therapist. I will continue to draw on this experience and recommend for years to come."

Lunch on Your Own

Lunch during the three-day workshops is not included in the registration fee. The hotel will provide options to purchase a box lunch or attendees are welcome to make a reservation at the hotel's restaurant for lunch. You are also encouraged to bring your own lunch or order Door Dash.

Group Registration

A minimum of 3 registrants from the same organization is required for a group discount of \$40 per person to be deducted from the corresponding registration fees listed above. Individual registrations in a Group registration must be received within two business days of each other to qualify for this discount. Contact Registration Services at TrainWithNPHTI@gmail.com to obtain a discount code before beginning the registration process. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

Course Materials

A printed syllabus will NOT be distributed at the Workshops. NO services for printing syllabi are available on site during the workshops. Registered attendees will be emailed access instructions to view course materials online, then download and print a week or so prior to the Workshops. The presentations and other course-related materials (e.g. extensive copywritten bibliography) will remain available online for 6-8 weeks following the Workshops.

Cancellation Policy

In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time before September 1, 2025. No refunds will be made after this date.

WORKSHOP LOCATION & OVERNIGHT ACCOMMODATIONS

Minneapolis Marriott Northwest
7025 Northland Drive North
Minneapolis, MN 55428
(763) 536-8300



A limited block of hotel rooms is available at the discounted rate of \$159.00 per night plus local taxes.

In order to get this reduced rate, reservations must be made directly with the hotel by the cut-off date of **September 15, 2025.** You may reserve your room by one of these methods:

1. Click here to make reservations: [**Book your group rate for Nat'l Pediatric Hypnosis Training**](#)

2. **Instructions:**

Click on the Link

Enter Both Your Arrival & Departure Dates into the Calendar Grid

3. Select a Room Type

4. Complete the reservation

Or you can call the hotel directly:

5. Call (763) 536-8300 and request the **NPHTI Room Block to receive the group rate discount of \$159/night + tax**

IMPORTANT: Please support NPHTI by booking your hotel reservation at the hotel. NPHTI has a contract with several rooms on hold for our attendees at this special rate. Penalties to NPHTI apply if we do not meet this commitment. **THANK YOU!**

Reservations will be accepted based on space and rate availability.

Parking is complimentary and adjacent to the facility.

ACCREDITATION



MINNESOTA
MEDICAL
ASSOCIATION

Minnesota Medical Association/PRA

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Minnesota Medical Association and NPHTI. The Minnesota Medical Association (MMA) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Minnesota Medical Association designates this activity for a maximum of 21 *AMA PRA Category 1 Credit(s)*™ for Fundamentals Workshop, 23 *AMA PRA Category 1 Credit(s)*™ for Utilization and Expanded Clinical Workshop, 21 *AMA PRA Category 1 Credit(s)*™ for Individualized Consultation Workshop. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NPHTI SCHOLARSHIP INFORMATION

Purpose:

The National Pediatric Hypnosis Training Institute (NPHTI) will provide scholarships to help to defray the annual workshop registration costs for clinicians and trainees who have limited monetary resources.

Criteria for recipients:

NPHTI intends to focus its limited scholarships for the annual workshop on:

- Trainees (graduate students, interns, residents, and post-doctoral fellows) in clinical programs leading to licensure
- Licensed clinicians who live in resource limited countries
- U.S. licensed clinicians with limited financial resources
- Early career professionals (e.g. within 2 years after licensure) with limited financial resources
- Trainees or licensed clinicians with limited financial resources who demonstrate plans to conduct research in the area of pediatric clinical hypnosis within the next 2 years

Go to the website site to get the Scholarship Application and additional information at www.nphti.org

"A wonderful opportunity to expand your tool kit for clinical practice."

"The workshop was wonderful and fully worth my time and investment. It provided clinical skills that I can start using right away, and also fostered confidence. The small group sessions were lovely and powerful, and the faculty was extremely supportive and encouraging. An excellent experience overall."

"This journey, with NPHTI, should you choose to listen to your intuition calling you, will change your life and the lives of the people in your care."



FUNDAMENTALS WORKSHOP SCHEDULE

Workshop Coordinators: Leora Kuttner, PhD (Clin Psy), & Adam Keating MD, FAAP

Educational Objectives

At the completion of the Fundamentals Workshop, learners should be better able to:

- List the stages of hypnosis
- Describe hypnosis as a process of therapeutic communication
- Describe and demonstrate three pediatric hypnosis “invitation” methods
- Demonstrate three appropriate “invitation” techniques
- Describe methods for intensification of and re-alerting from hypnosis
- Outline at least 4 applications for pediatric hypnosis
- Design hypnotic therapeutic suggestions to address children and teens with clinical anxiety.
- Describe and demonstrate the use of hypnosis for pain and anxiety management during medical procedures including immunizations and chronic, recurrent pain
- Describe and demonstrate how to address fear of medical procedures including immunizations
- Describe and demonstrate a therapeutic hypnosis approach for sleep and circadian rhythm disorders in teens
- Outline a strategy for getting started using hypnosis in clinical practice

AGENDA

Thursday, October 9, 2025

7:00 - 7:55 a.m.	Registration and Breakfast Buffet
8:00 - 8:25 a.m.	Course Overview & Faculty Introductions Hypnosis
8:25 - 9:10 a.m.	Hypnosis Definitions/ Theories/ Myths
9:10 - 9:20 a.m.	Group Exercise: Myths You Think About
9:20- 9:35 a.m.	Group Experience Hypnosis: The Many Right Ways
9:35- 10:15 a.m.	Hypnosis Structure and Elements
10:15 - 10:35 a.m.	Refreshment Break
10:35 - 11:25 a.m.	Formatting Suggestions: Language & Utilization
11:25 - 11:40 a.m.	Overview: Format for Small Group Practice
11:40 - 12:00 p.m.	#1 Demo: Invitation: Breath
12:00 - 1:05 p.m.	Lunch on Your Own
1:05 - 2:45 p.m.	#1 Small Group Practice: Invitation: The Breath Intensification: Reorient; Debrief
2:45 - 3:05 p.m.	Refreshment Break
3:05 - 3:20 p.m.	#2 Demo: Invitation: Special Place
3:25 - 5:00 p.m.	#2 Small Group Practice: Invitation: Special Place
5:00 - 6:00 p.m.	Networking/Meet Up Social Hour

Friday, October 10, 2025

7:00 - 7:55 a.m.	Breakfast Buffet
8:00 - 8:55 a.m.	Developmental Considerations
8:55 - 9:10 a.m.	#3 Demo: Invitation: Magnet Fingers; Intensification: Utilization; Give Suggestions
9:10 - 9:30 a.m.	Refreshment Break
9:30 - 10:45 a.m.	#3 Small Group Practice: Invitation: Magnet Fingers; Intensification: Utilization; Incorporate Language & Suggestions; Reorient, Debrief
10:50 - 11:10 a.m.	Explaining Hypnosis to Child & Parents
11:10 - 11:25 a.m.	"But What If" Group Exercise
11:25 - 12:35 p.m.	Lunch on Your Own

12:35 - 1:30 p.m.	Hypnosis as Self-Regulation for Anxiety
1:30 - 2:20 p.m.	Large Group Panel: First Steps/Missteps/Next Steps
2:20 - 2:40 p.m.	Refreshment Break
2:40 - 3:20p.m.	Choosing Goals & Targeted Suggestions for Hypnosis for Anxiety & Pain
3:20 - 3:35 p.m.	#4 Demo: Invitation & Intensification (Learners' Choice); Targeted Suggestions
3:40 - 5:05 p.m.	#4 Small Group Practice: Invitation & Intensification (Learners' Choice), Targeted Suggestions; Reorient, Debriefing
5:05 p.m.	Adjourn for the Day

Saturday, October 11, 2025

7:00 - 7:55 a.m.	Breakfast Buffet
8:00 - 8:55 a.m.	Hypnosis: Metaphors to Alter Pain Sensations
8:55 - 9:10 a.m.	#5 Demo: Magic Glove Technique
9:10 - 9:30 a.m.	Refreshment Break
9:30 - 10:40 a.m.	#5 Small Group Practice: Magic Glove Technique
10:45 - 11:10 a.m.	#6 Demo & Practice: Self-Hypnosis Large Group Experience
11:10 - 12:15 p.m.	#6 Small Group Practice: Putting it all Together
12:15 - 1:20 p.m.	Lunch on your Own
1:20 - 2:05 p.m.	Planning Hypnosis Goals & Suggestions: Self-Regulation for Sleep
2:05- 2:25 p.m.	Refreshment Break
2:25 - 3:30 p.m.	Breakout Groups: (Participants' Choice) 1. Anxiety 2. Pain 3. Primary Care 4. Functional Conditions
3:35 - 3:55 p.m.	Continued Learning & Resources beyond Monday: NPHTI, Ongoing Education & Organizations
3:55 - 4:10 p.m.	Wrap-Up and Questions
4:10- 4:20 p.m.	Special Closure: All Faculty Group Hypnosis w/ Participants
4:20 - 4:30 p.m.	Adjourn /Submit Evaluations



UTILIZATION & EXPANDED CLINICAL APPLICATIONS WORKSHOP SCHEDULE

Workshop Coordinators: Leora Kuttner, PhD (Clin Psy), & Adam Keating, MD, FAAP

Educational Objectives

At the completion of the Utilization & Hypnosis Skills Workshop, learners will be able to:

- Utilize a patient's resources and needs when designing an individualized hypnosis treatment plan
- Refine and develop therapeutic language skills to be used during hypnosis sessions
- Incorporate hypnotic self-regulation strategies and metaphors throughout the during hypnosis sessions.
- Identify individualized and specific hypnosis goals and design and deliver goal-targeted suggestions
- Apply hypnotic utilization techniques: conversational invitations, pacing & leading, talking within hypnosis, fractionation, reframing
- Apply hypnosis strategies to more complex medical and mental health issues (such as anxiety disorders, chronic medical conditions, nighttime fears, ongoing pain, integrative medicine, gastro-intestinal symptoms and childhood grief)

AGENDA

Thursday, October 9, 2025

- 7:00 - 7:55 a.m.** Registration and Breakfast Buffet
8:00 - 8:25 a.m. Course Overview & Faculty Introductions
8:25 - 8:50 a.m. Introduction to Small Groups #1 Demo: Conversational Invitation; Pacing & Leading
8:55 - 10:15 a.m. #1 Small Group Practice: Conversational Invitations; Pacing & Leading
10:15 - 10:30 a.m. Refreshment Break
10:35 - 11:40 a.m. Redefining Utilization of Language: Why and How to Say What We Say
11:40 - 12:50 p.m. Lunch on Your Own
12:50 - 1:35 p.m. Utilizing Unfolding Development: Abstract Thinking, Metaphors & Self Regulation:
1:35 - 2:25 p.m. Planning a Hypnosis Session: Creating Targeted Suggestions
2:25 - 2:45 p.m. Refreshment Break
2:45 - 3:00 p.m. Planning a Hypnosis Session: Post-Hypnotic Suggestions
3:00 - 3:15 p.m. #2 Demo: Designing and Delivering Suggestions
3:20 - 5:00 p.m. #2 Small Group Practice: Designing & Delivering Suggestions
5:00 - 6:00 p.m. Networking/Meet Up Social Hour

- 2:30 - 3:30 p.m.** Metaphors & The Pain Switch for Changing Sensation
3:30 - 3:50 p.m. #4 Demo: Suggestions for Changing Sensation
3:50 - 5:15 p.m. #4 Small Group Practice: Suggestions for Changing Sensation
5:15 p.m. Adjourn for the Day

Saturday, October 11, 2025

- 7:15 - 7:55 a.m.** Breakfast Buffet
8:00 - 8:15 a.m. #5 Demo: Talking in Trance & Ideomotor Signals
8:20 - 9:45 a.m. #5 Small Group Practice: Formal Induction & Talking in Trance & Using Ideomotor Signals
9:45 - 10:05 a.m. Refreshment Break
10:05 - 11:35 a.m. *Mini-Intensives: Pick one of the following:*
A) Metaphors
B) Addressing Children's Imaginative Worries Bedtime: The Boogie Man, Noises in the Dark & What If's
11:35 - 12:45 p.m. Lunch on Your Own
12:45 - 2:10 p.m. *Mini-Intensives: Pick one of the following:*
C) Hypnotic Listening and Language: Helping Children with Grief and Loss
D) Integrative Medicine Topics

- 2:10 - 2:30 p.m.** Refreshment Break

- 2:30 - 3:35 p.m.** Movement with Dance and Metaphors

- 3:35 - 3:55 p.m.** Continued Learning & Resources Beyond Monday: NPHTI, Ongoing Education & Organizations

- 3:55 - 4:10 p.m.** Wrap-Up & Questions

- 4:10 - 4:20 p.m.** Special Closure: All Faculty Group Hypnosis with Participants

- 4:20 - 4:30 p.m.** Adjourn / Submit Evaluations

Friday, October 10, 2025

- 7:00 - 7:55 a.m.** Breakfast Buffet
8:00 - 8:45 a.m. Anxiety & Fear: Self-Regulation, Suggestions & Metaphors
8:45 - 9:15 a.m. Hypnotic Application to Medical Fears & Anxiety
9:15 - 9:35 a.m. #3 Demo: Suggestions & Metaphors for Anxiety & Fear
9:35 - 9:55 a.m. Refreshment Break
9:55 - 11:25 a.m. #3 Small Group Practice: Suggestions & Metaphors for Anxiety & Fear
11:25 - 12:35 p.m. Lunch on Your Own
12:35 - 1:20 p.m. Hypnosis Addressing Acute & Procedural Pain
1:20 - 2:10 p.m. Panel Discussion: Metaphor-Based Large Group
2:10 - 2:30 p.m. Refreshment Break



INDIVIDUALIZED CONSULTATION WORKSHOP

Coordinators: Leora Kuttner, Ph.D. (Clin Psy) & Adam Keating, MD, FAAP

Educational Objectives

At the completion of the Individualized Consultation Workshop, learners will be better able to:

- Reflectively evaluate one's own clinical skills/language through video review, critique, and discussion with colleague advanced learners and carefully matched faculty mentors.
- Problem-solve challenging clinical situations regarding application of hypnotic strategies with colleagues advanced learners and carefully matched faculty mentors.
- Review, evaluate and offer guidance regarding others' clinical hypnosis encounters with their patients/clients with colleague advanced learners and carefully matched faculty mentors.

AGENDA

Thursday, October 9, 2025

- 7:00 - 7:55 a.m.** Registration & Breakfast Buffet
8:00 - 8:25 a.m. Introduction – Course Overview & Faculty
8:35 a.m. Case Presentation (I) with Mentor Consultation
10:15 a.m. Refreshment Break
10:35 a.m. Continuation of Case Presentation (I) with Mentor Consultation
12:15 p.m. Lunch on Your Own
1:30 p.m. Case Presentation (II) with Mentor Consultation
3:10 p.m. Refreshment Break
3:30 p.m. Continuation of Case Presentation (II) with Mentor Consultation
5:00 p.m. Adjourn
5:00 - 6:00 p.m. Networking/Meet Up Social Hour

Saturday, October 11, 2025

- 7:00 a.m.** Breakfast Buffet
8:30 a.m. Case Presentation (V) with Mentor Consultation
10:10 a.m. Refreshment Break
10:30 a.m. Continuation of Case Presentation (V) with Mentor Consultation
11:50 a.m. Lunch on Your Own
12:45 p.m. Case Presentation (VI) with Mentor Consultation Refreshment
2:30 p.m. Break
2:45 p.m. Continuation of Case Presentation (VI) with Mentor Consultation
4:10 p.m. Special Closure: All Faculty Group Hypnosis with all Participants
4:30 p.m. Adjourn /Submit Evaluations

Friday, October 10, 2025

- 7:00 a.m.** Breakfast Buffet
8:30 a.m. Case Presentation (III) with Mentor Consultation
10:15 a.m. Refreshment Break
10:35 a.m. Continuation of Case Presentation (III) with Mentor Consultation
11:45 a.m. Lunch on Your Own
1:00 p.m. Case Presentation (IV) with Mentor Consultation
2:30 p.m. Refreshment Break
2:45 p.m. Continuation of Case Presentation (IV) with Mentor Consultation
5:00 p.m. Adjourn for the Day

2025 TEACHING FACULTY

ANDREW J. BARNES, MD, MPH, FAAP

Associate Professor, Pediatrics and Adolescent Health, Developmental- Behavioral Pediatrics, Director of Fellowship Training DBP and/or Medical Director of Leadership Development in Neurodevelopmental Disabilities Program; University of Minnesota, Minneapolis, MN

CHERYL S. BEMEL, PhD, LP, NCSP, CTTS

Secretary, NPHTI Board of Directors; Adjunct Faculty, University of Minnesota School of Dentistry; Health Psychologist in private practice, St. Paul MN; Pre-surgical Psychological Diagnostician: Allina Health; MN Behavioral Health Unit Medical Reserve Corps (MN BHMRC); Minneapolis Police Department's Child Development Policing Project Crisis Responder to 911 calls; Former Crisis Psychologist, United Hospital Emergency Room, St. Paul, MN; Former Child Psychologist, University of Minnesota Hospitals and Clinics Inpatient Units; Past President & Faculty, MSCH; Board Member and Faculty ASCH; MN Certified Tobacco Treatment Specialist (C-TTS), Nationally Certified Tobacco Treatment Practitioner (NCTTP); Approved Consultant, ASCH; Certified School Psychologist, MN Dept of Education; Licensed Early Childhood Teacher, MN Dept. of Education. Cheryl serves on the NPHTI Board of Directors as Secretary.

CAMILLA G. CEPPI COZZIO, MD, FMH

General Pediatrics and Adolescent Medicine Physician, Private Practice, Dübendorf, Switzerland; Member of Swiss Society of Pediatrics; Certified Physician, Swiss Academy of Psychosomatic and Psychosocial Medicine (SAPPM); Certificate of Competence of SMSH (Swiss Medical Society in Hypnosis), Member Swiss Medical Society of Hypnosis; ASCH, International Member

LYNN GERSHAN, MD

Member, NPHTI Board of Directors, Dr. Gershan is a graduate of McGill University School of Medicine and completed her pediatric residency at the University of Michigan and McGill University Faculty of Medicine. She completed her Neonatal-Perinatal fellowship at McGill and St. Louis Universities. Her career started at the Medical College of Wisconsin before she transitioned to private General Pediatric practice and then began her training in Integrative Health. Dr. Gershan returned to academics in 2010 and started the Integrative Health program at the University of Utah- Primary Children's Hospital. She has recently retired as the founding Medical Director of Pediatric Integrative Health and Wellbeing at the University of Minnesota Masonic Children's Hospital. She is board certified in Medical Acupuncture and certified in clinical hypnosis, medical herbalism, pediatric massage therapy, and aromatherapy.

MELANIE A. GOLD, DO, DABMA, DMQ, FAAP, FACOP

Professor, of Adolescent Medicine, at Columbia University Medical Center; Professor, in the Department of Population & Family Health, Mailman School of Public Health and Medical Director, School Based Health Centers at New York Presbyterian Hospital. Dr. Gold is the president and founder of Renaissance Research and Educational Consulting, Inc. (RRECI), a consulting firm offering health care professionals training, mentoring, and research consultation for various current life style and health-related issues.

ANYA GRIFFIN, PhD

Pediatric Psychologist working in chronic pain management and a special focus on Complex Regional Pain Syndrome (CRPS) and Sickle Cell Disease acute and chronic pain management.

ADAM KEATING, MD, FAAP*

Co-Chair of Education, NPHTI; General Pediatrician, Vice-Chair Quality, Primary Care Pediatrics Section Head, Cleveland Clinic Children's, Wooster, OH; Medical Director, Value-Based Contracting Clinical Assistant Professor of Pediatrics, Cleveland Clinic Lerner College of Medicine; Clinical Associate Professor of Pediatrics Ohio University Heritage College of Osteopathic Medicine.

DANIEL P. KOHEN, MD, FAAP, ABMH

Co-Founder, National Pediatric Hypnosis Training Institute; NPHTI Co-director of Education & Training (2010-2023); NPHTI Treasurer 2010-2022; Developmental-Behavioral Pediatrics, Medical Hypnosis & Self-Regulation, Kohen Therapy Associates, Golden Valley, MN (retired); Former Director: Developmental-Behavioral Pediatrics and Professor, Departments of Pediatrics and Family Medicine and Community Health, University of Minnesota (retired); Former Director of Education and Training, Minnesota Society of Clinical Hypnosis (MSCH); Past President, MSCH; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, and Approved Consultant, ASCH; Fellow, SCEH

HARRIET KOHEN, MA, MSW, CPT

Therapist, Kohen Therapy Associates; Past-President and Fellow, MN Society for Clinical Social Work; Credential Chair, International Federation of Biblio/Poetry Therapy; Faculty, NPHTI, MSCH

LEORA KUTTNER, PhD*

Co-Chair of Education and Member Board of Directors, NPHTI; Clinical Professor of Pediatrics, Adjunct Faculty of Dentistry, University of British Columbia, and British Columbia Children's Hospital, Vancouver, Canada; Clinical Pediatric Pain Practice (retired). Canadian Society of Clinical Hypnosis (BC Division); International Society of Hypnosis (ISH); Scientific Planning Committee for ISH World Congress of Hypnosis, Montreal, 2018; Approved Consultant, ASCH

2025 TEACHING FACULTY

LISA LOMBARD, PhD

President, Board of Directors NPHTI; Clinical Psychologist - Private Practice Chicago IL; Former Research Assistant Professor at Northwestern Feinberg School of Medicine; Former Associate Professor of Clinical Psychology (Child and Adolescent Track) at the Chicago School of Professional Psychology, Past-President of the Chicago Society of Clinical Hypnosis; Former Clinical Section Head, Illinois Psychological Association; Approved Consultant, ASCH; Founder, Comfort Kits for Children (nonprofit)

ROBERT PENDERGRAST, MD, MPH, FAAP

Treasurer, Board of Directors NPHTI; Professor of Pediatrics, Medical College of Georgia, at Augusta University; Director, Adolescent Medicine, Children's Hospital of Georgia, Augusta, GA; Aiken- Augusta Holistic Health, North Augusta, SC; Approved Consultant, ASCH

TERESA QUINN, MD, ABMH

Assistant Professor, University of Minnesota; Methodist Hospital Family Medicine Residency, CAQ Geriatrics

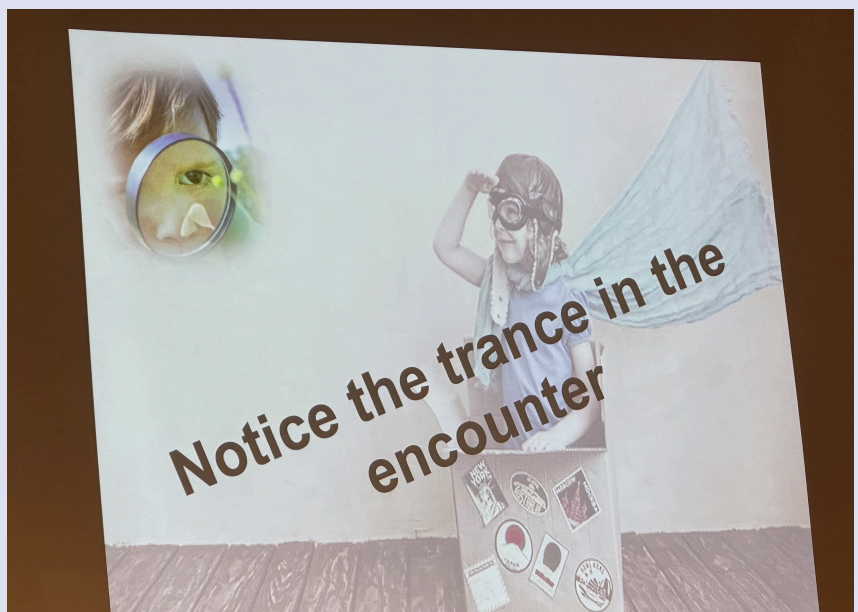
ALEJANDRA SENCION, MD

Co-Director of the "Centro de Hipnosis Uruguay" and Co-Founder of Método Abrigo and Co-Founder of the Pain Committee at the Uruguayan Society of Pediatrics. She works in private practice with children, adolescents, and adults with a special focus on anxiety and pain.

JODY THOMAS, PhD

Clinical Psychologist, Private Practice in Denver, Colorado; Former Associate Professor, Department of Anesthesia, Stanford University School of Medicine; Former founding Clinical Director, Pediatric Pain Rehabilitation Program at Stanford Children's Health; Member, ASCH

*** Denotes Planning Committee Member**



REGISTRATION FORM

Pediatric Clinical Hypnosis Fundamentals Workshop ONLY* October 9-11, 2025

Please type or print clearly. A name badge and CME/CEU statements are generated from this form.

Name _____
Affiliation _____
Department _____
Address HOME OFFICE _____
Mail Stop _____
City _____ State _____ Zip _____
Office Telephone Number _____ Country _____
Email _____

Receipts, confirmations, and driving directions are now emailed from our office. Please include your email address and print clearly.

Degree ☐ MD ☐ DO ☐ PhD ☐ PsyD ☐ LCSW ☐ LMFT ☐ NP ☐ CNS ☐ APRN
☐ LPC ☐ PA ☐ CCLS ☐ DDS/DMD ☐ OT ☐ PT ☐ CCC-SLP ☐ Other _____
Specialty: ☐ General Pediatric Practice: _____ ☐ Pediatrics / Subspecialty: _____
☐ Marriage/Family/Therapy / Subspecialty: _____ ☐ Family Medicine _____
☐ Social Work / Subspecialty: _____ ☐ Psychiatry / Subspecialty: _____
☐ Anesthesia / Subspecialty: _____ ☐ Psychology / Subspecialty: _____
☐ General Surgery / Subspecialty: _____ ☐ Nursing / Subspecialty: _____
☐ Other: _____ ☐ APRN / Subspecialty: _____

Licensed in Profession _____ (Required) License # _____ State _____

Students, Interns, Residents, Fellows (Must include letter from school and clinical program documenting current full-time enrollment toward a clinical license): _____

REGISTRATION FEES

REGISTER EARLY TO GET DISCOUNT!

	Early Bird on or before July 31	Regular After July 31
Fundamentals Workshop		
MSCH MEMBERS/UMN FACULTY/STAFF	\$970	\$1,100
Grad/Res/Fellow	\$915	\$1,060
Utilization and Expanded Clinical Applications Workshop		
MSCH MEMBERS/UMN FACULTY/STAFF	\$750	\$825
Grad/Res/Fellow	\$970	\$1,100
Individualized Consultation Workshop	\$915	\$1,060
	\$750	\$825
	\$1,100	

Group Registration

A minimum of 3 registrants from the same organization is required for a group discount of \$40 per person to be deducted from the corresponding registration fees listed above. Submit all registrations together with one check payment. Online group registrations must be received within two business days. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

List any Special Needs: _____

Special needs such as dietary restrictions, lactation room, etc. should be requested in advance; requests cannot always be honored onsite.

PLEASE NOTE: A SIGNED ACKNOWLEDGEMENT AND RELEASE FORM MUST ACCOMPANY YOUR REGISTRATION. Payment must be sent no later than 2 weeks after registration/acceptance.

TO REGISTER - Register online with Visa, MasterCard, or American Express. [Click here to register now!](#)

QUESTIONS: For any questions relating to registration, please contact TrainWithNPHTI@gmail.com

CANCELLATION POLICY - In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time before September 1, 2025. No refunds after that date.



ACKNOWLEDGMENT AND RELEASE

**NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE (NPHTI)
SKILL DEVELOPMENT WORKSHOPS IN PEDIATRIC CLINICAL HYPNOSIS
DEPARTMENT OF PEDIATRICS, UNIVERSITY OF MINNESOTA,
MINNESOTA SOCIETY OF CLINICAL HYPNOSIS (MSCH)**

Name of Workshop: **National Pediatric Hypnosis Training Institute (NPHTI)
14th Annual Skill Development Workshops in Pediatric Clinical Hypnosis**

Dates: **October 9-11, 2025**

Location: **Minneapolis Marriott Northwest
7025 Northland Drive, North
Minneapolis, MN**

The undersigned acknowledges that s/he has volunteered to participate in a workshop in which s/he engages in a hypnotic experiences, and that workshop participants and faculty will be present during this/these session(s).

Because this is a Skills Development Workshop, all participants are expected to attend the ENTIRE workshop and participate in all experiential exercises / activities, including experiential exercises. **NO EXCEPTIONS.** The clinician acknowledges that s/he will arrange one's travel plans and regular clinical and personal responsibilities in order to fully participate in the entire workshop.

The undersigned does not have any medical or mental health problems or other special conditions that might interfere with their participation, except what has been disclosed to faculty members.

The undersigned understands that Continuing Education Certificates are distributed at the completion of the workshop, upon completion of the evaluation form. Again, please plan your travel accordingly.

The undersigned acknowledges that NPHTI reserves the right to withdraw from participation in the training workshop any clinician whose behavior significantly interferes with the group's learning process, or is disrespectful and/or offensive to colleagues and/or faculty. NPHTI also reserves the right to withdraw participants who are not attending/participating in the entire workshop.

The undersigned agrees to hold harmless NPHTI, MSCH, University of Minnesota Department of Pediatrics, and Minnesota Medical Association, their employees and members, the faculty, and other participants in the above described workshops, and indemnify them from and against any and all claims, damages, and costs arising from the undersigned's participation in the above described workshops.

Printed Name

Signature

Date

NOTE: All participants are expected to attend the entire workshop and participate in experiential activities, including hypnosis experiential exercises. [Exceptions are not permitted. Participant Certificates are provided only to those attending the FULL program, and available at the conclusion of the Workshops on Saturday afternoon.](#)