



**Pediatric Clinical Hypnosis  
Skill Development Workshops 2013**  
*presented by*

**NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE**

**October 3-5, 2013**

**Oak Ridge Hotel and Conference Center  
1 Oak Ridge Drive  
Chaska, MN 55318**

In Collaboration with  
Minnesota Society of Clinical Hypnosis  
University of Minnesota Department of Pediatrics



UNIVERSITY OF MINNESOTA

Medical School

## COURSE DESCRIPTION

Clinical Hypnosis is a therapeutic intervention with empirical support for a variety of clinical conditions: including chronic and procedure-related pain, anxiety disorders, stress-related conditions, habit problems, sleep disturbance, and various medical conditions. This workshop provides training in the use of clinical hypnosis and its applications to children and teens with various conditions in pediatric settings. The workshop is offered at three levels (Introductory, Intermediate and Advanced) depending on the clinician's previous training in pediatric hypnosis. **Strong emphasis is placed on experiential learning, with supervised practice of hypnotic techniques suitable for children/teens and of integrating a developmental perspective.**

## ELIGIBILITY AND TARGET AUDIENCE

These workshops would be ideal for persons holding a:

- Doctoral Degree in Medicine, Psychology, or Dentistry
- Masters Degree in Social Work, Marriage and Family Therapy, Clinical or Counseling Psychology
- Masters Degree in Nursing or a Registered Nurse with subspecialty training and certification
- Other Advanced degree health care providers, e.g. Occupational and Physical Therapists, Speech and Language Pathologists, et. al.
- Child Life Specialists holding a Bachelor's degree
- Students, Interns, Residents and Fellows actively enrolled in a graduate program leading to degrees or completion of training in any of the foregoing.

**NOTE:** All participants are expected to attend the entire workshop and participate in experiential activities, including trance experiences. No exceptions.

## INTRODUCTORY WORKSHOP

This workshop teaches basic skill-building in hypnosis as a therapeutic intervention for children/teens experiencing a variety of clinical conditions. Particular focus is on management of pain, anxiety, and sleep. Instructional videotapes and case vignettes are an integral component of presentations. Experiential learning is strongly emphasized (this workshop provides almost double the amount offered in most introductory hypnosis workshops.) Activities include: group exercises and supervised small group practice focused on the structure and elements of clinical hypnosis with children/teens. **This workshop is for those without prior pediatric-specific hypnosis training.**

## REGISTRATION

### Registration Deadlines & Fees

**Introductory and Intermediate Workshops.** Register by **September 9, 2013** to receive the Early Registration Discount!

	Kick-off March 12 - June 10	Early Bird June 11-September 9	Regular After September 9
Registration Fee	\$725	\$795	\$825
MSCH Member	\$640	\$695	\$730
Graduate Student/Intern/Resident/Fellow/Trainee	\$550	\$575	\$595

### To Register for the Introductory Workshop

**ONLINE:** Register online with Visa, MasterCard, or American Express at [www.cme.umn.edu/intropedshypnosisinfo](http://www.cme.umn.edu/intropedshypnosisinfo). In order to protect your credit card information, the Office of Continuing Medical Education (OCME) does not accept credit card payments by phone, fax, mail, in person, or on-site.

**BY MAIL:** Mail your check (payable to Regents of the University of Minnesota) with [registration form](#) to: Pediatric Clinical Hypnosis, Office of Continuing Medical Education, University of Minnesota, University Park Plaza, Suite 901, 2829 University Avenue SE, Minneapolis, MN 55414.

## INTERMEDIATE WORKSHOP

This year's workshop has been revised and updated! Content focuses on refining and expanding existing hypnosis skills by furthering assessment and individualized treatment approaches for patients and their families. The faculty's clinical video recordings and case vignettes are integral components of presentations. Small group exercises concentrate on expanding participants' confidence and specific skills regarding utilization principles: pacing and leading, response sets, metaphor formation, talking in trance, and other person-centered strategies.

Also new this year, participants will select two "mini-intensives" that best fit their learning needs, from the list of clinical topics: Integration of Hypnosis with CAM Therapies; Youth with Recurring Headaches; Developmental Differences; Cognitive Self-regulation of Anxiety Disorders; and Hypnosis + Motivational Interviewing with Adolescents & College Students.

Participants must have completed an Introductory *pediatric-specific* hypnosis training workshop and have experience in using clinical hypnosis with pediatric patients. Completion of a **Prior Learning/Needs Assessment** questionnaire is required prior your registration being accepted for this workshop. This is **not** a beginning level course.

## REGISTRATION

### Registration Deadlines & Fees

**Introductory and Intermediate Workshops.** Register by **September 9, 2013** to receive the Early Registration Discount!

	Kick-off March 12 - June 10	Early Bird June 11-September 9	Regular After September 9
Registration Fee	\$725	\$795	\$825
MSCH Member	\$640	\$695	\$730
Graduate Student/Intern/Resident/Fellow/Trainee	\$550	\$575	\$595

### To Register for the Intermediate Workshop

Click on the words **Prior Learning/Needs Assessment** or [www.cme.umn.edu/interpedshypnosisinfo](http://www.cme.umn.edu/interpedshypnosisinfo) to access and complete the assessment. Upon acceptance of your assessment, you will be contacted with registration instructions.

## ADVANCED WORKSHOP

The Advanced Workshop will provide individualized mentor consultation to health and mental health care practitioners interested in enhancing their knowledge and expertise in the use of pediatric hypnosis. This 22-hour intensive meeting is designed to fulfill the requirements for attaining ASCH Certification in Clinical Hypnosis and/or to obtain the hours of consultation necessary to become an ASCH-Approved Consultant. **In addition to providing evidence of previous training and regular use of pediatric hypnosis in their clinical practice, advanced participants must bring and present a DVD or VHS videotape of hypnotic work with a pediatric patient and a corresponding typed case vignette of the video. The deadline for video submission is July 15, 2013.** We will provide a "how to" guide to help learners develop effective video recordings. Completion of a **Prior Learning/Needs Assessment** questionnaire is required before your registration will be accepted for this workshop.

Individuals attending this program must have completed an ASCH-Approved Pediatric Introductory (Basic) and Pediatric Intermediate Workshop (such as NPHTI 2010, 2011, or 2012, or those previously taught by this faculty via the Society of Developmental and Behavioral Pediatrics, or equivalent) and should be using hypnosis regularly in their professional practice. The format is unique and one in which participants meet and consult in a small group setting with fellow practitioners and a group of facilitators who are ASCH Approved Consultants. This model encourages and expects participants to learn from one another, to have their own expertise affirmed and expanded, and to network with other professionals in pediatric clinical hypnosis. During the consultation sessions the focus is upon issues unique to each practitioner's specialties and practice.

## REGISTRATION

### Registration Deadlines & Fees

Advanced Workshop Registration Fee	<b>On or before July 15, 2013</b> \$895	Registrations will not be accepted after July 15, 2013
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### To Register for the Advanced Workshop

Click on the words **Prior Learning/Needs Assessment** or [www.cme.umn.edu/advpedshypnosisinfo](http://www.cme.umn.edu/advpedshypnosisinfo) to access and complete the assessment. Upon acceptance of your assessment, you will be contacted with registration and video submission instructions, and a "how to" guide to developing effective video recordings. **Please note video submissions are due by July 15, 2013.**

Registration fees for **all three workshops** include course presentations on CD, breakfast and lunch buffets, and morning and afternoon refreshments. Special needs such as dietary restrictions should be indicated in advance; requests cannot always be honored on site.

**Note:** Participants are not considered registered until registrant information, Acknowledgement & Release Waiver and payment have been received by our office.

## Group Registration

A minimum of 3 registrants from one institution is required for a group discount of \$20 per person to be deducted from the corresponding registration fee listed above. All registrations must be received with payment on the same business day. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

## Course Materials

A CD with a PDF of the course presentations will be available to attendees and distributed at the Workshop. A printed syllabus will NOT be distributed at the Workshop. Registered attendees will be emailed access instructions to view the presentations online prior to the Workshop; and download or print for their use at the conference. Please note: NO services for printing syllabi are available on site during the conference.

## Cancellation Policy

In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on **September 9, 2013**. No refunds will be made after this date.

## WORKSHOP LOCATION & OVERNIGHT ACCOMMODATIONS

Oak Ridge Hotel and Conference Center  
1 Oak Ridge Drive  
Chaska, MN 55318

A block of hotel rooms is available at the discounted rate of \$105.00 plus applicable taxes. Please make your reservations directly with the hotel by the cut-off date of **September 11, 2013**, and refer to the course by name to receive the discounted rate. Reservations will be accepted on space and rate availability. Parking is complimentary and adjacent to the conference center.

## ACCREDITATION

### American Medical Association/PRA

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint sponsorship of the University of Minnesota, the National Pediatric Hypnosis Training Institute and the Minnesota Society of Clinical Hypnosis. The University of Minnesota is accredited by the ACCME to provide continuing medical education for physicians.

The University of Minnesota designates this live activity for a maximum of 22.5 *AMA PRA Category 1 Credits*<sup>™</sup> for the **Introductory Workshop**, 22.5 *AMA PRA Category 1 Credits*<sup>™</sup> for the **Intermediate Workshop** and 22.75 *AMA PRA Category 1 Credits*<sup>™</sup> for the **Advanced Workshop**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Academy of Family Physicians

Application for AAFP credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### American Society of Clinical Hypnosis

Application has been made to the American Society of Clinical Hypnosis Standards of Training Committee for approval of credit hours toward the Certification and Approved Consultant requirements.

### Minnesota Board of Marriage and Family Therapy

An application for credit has been submitted to the Minnesota Board of Marriage and Family Therapy.

### Minnesota Board of Social Work

This activity has been approved by the State of Minnesota Board of Social Work for 22.5 continuing education hours for the **Introductory Workshop**, 22.5 continuing education hours for the **Intermediate Workshop**, and 22.75 continuing education hours for the **Advanced Workshop**.

### Dentists, Nurse Practitioners, Nurses, and Other Health Care Professionals

Dentists, nurse practitioners, nurses, and other health care professionals who participate in this CME activity may submit their Statements of Attendance to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

ADDITIONAL TYPES OF CREDIT HAVE BEEN APPLIED FOR AND WILL BE UPDATED ON THE WEB SITE WHEN APPROVED.

## DISCLOSURE POLICY

It is the policy of the University of Minnesota office of Continuing Medical Education to ensure balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. To review the complete Disclosure Policy visit [www.cme.umn.edu/disclosure](http://www.cme.umn.edu/disclosure).



# NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

## INTRODUCTORY WORKSHOP

Co-coordinators: Pamela Kaiser, PhD, CPNP and Daniel P. Kohen, MD, FAAP, ABMH

### Educational Objectives

At the completion of the Introductory Workshop, participants will be better able to:

- List the stages of hypnosis
- Describe hypnosis as a process of therapeutic communication
- Describe and demonstrate four pediatric hypnosis induction methods
- Identify four developmental considerations influencing hypnotic techniques
- Describe a hypnotic method for intensification, suggestions, utilization and talking in trance
- Describe the processes of re-alerting and debriefing
- List four applications for pediatric hypnosis
- Describe and demonstrate, for each situation, a hypnotherapeutic approach for children experiencing procedural pain, chronic and recurrent pain, clinical anxiety and sleep disturbance
- Outline a strategy for getting started using hypnosis in clinical practice

### PRELIMINARY AGENDA

#### Thursday, October 3

<b>8:00</b>	<b>Introduction to CME</b>	2:15
8:05	Faculty Introductions/Course Overview	<b>3:15</b>
8:30	Hypnosis Definitions/Theories/Myths/ Misperceptions	3:35
9:15	Hypnosis Structure & Stages	
<b>10:00</b>	<b>BREAK</b>	4:05
10:20	Hypnosis: The Many Right Ways	
11:00	Developmental Considerations of Pediatric Hypnosis	
<b>12:00</b>	<b>LUNCH</b>	<b>5:30</b>
1:15	Introducing Hypnosis to Children & Parents/Utilization of Parents	
2:15	Overview: Format for Small Group Practice	
2:30	DEMO #1: Induction: Special Place (Detachment); Intensification: Multisensory Imagery	
<b>2:50</b>	<b>BREAK</b>	
3:10	#1-Sm.Grp. Practice: Induction: Special Place (Detachment)—Intensification: Multisensory Imagery—Alert—Debrief	
4:40	DEMO #2: Induction: The Breath; Intensification: PMR	
5:05	#2-Sm.Grp.Practice: Induction: The Breath; Intensification: PMR—Alert—Debrief	
<b>6:15</b>	<b>Adjourn for Day</b>	

#### Friday, October 4

8:00	Formulating Suggestions.: Language & Utilization/Communication Techniques: Ideomotor Signaling	
9:20	DEMO #3: Ideomotor (Magnetic Fingers); Intensification: The Breath - Alert—Debrief	
<b>9:45</b>	<b>BREAK</b>	
10:05	#3 Sm.Grp. Practice: Induction: Magnetic Fingers; Intensification: Breath; Utilization: Language & Suggestions—Ideomotor Signaling	
<b>12:00</b>	<b>LUNCH</b>	
1:15	Hypnosis for Young People with Anxiety, Worry, & Fears	

	Contextualization: Treatment Planning/ Post-Hypnotic Suggestions	
	<b>BREAK</b>	
	DEMO #4: Induction: Eye Fixation; Intensification Noticing Internal Differences. Talk in Trance.	
	#4-Sm. Grp. Practice: Induction: Eye Fixation; Intensification: Noticing Internal Differences—Suggestions—Talk in Trance—PHS	
	<b>Adjourn</b>	

#### Saturday, October 5

8:00	Clinical Applications: Sleep Disturbance	
8:50	Clinical Applications: Children Experiencing Pain	
9:45	Magic Glove Technique: Dr. L. Kuttner's Video	
<b>10:10</b>	<b>BREAK</b>	
10:30	#5-SmGrp: Magic Glove Technique	
11:30	<b>LUNCH</b>	
12:45	Self-Hypnosis: Learning & Teaching	
1:10	Self Hypnosis: Large Group Experience/ Debrief	
1:30	DEMO #6: Teach Self-Hypnosis – Do Self-Hypnosis	
<b>2:30</b>	<b>BREAK</b>	
2:45	<b>BREAKOUT GROUPS:</b> Practice in Designing Hypnosis for Case Vignettes (Participants choose one of following):	
	<ul style="list-style-type: none"> <li>• Primary Care</li> <li>• Clinical Anxiety</li> <li>• Pain</li> <li>• Chronic Conditions</li> </ul>	
3:50	Resources beyond Monday: NPHTI, Ongoing Education, & Organizations	
4:10	Beyond Today: What's left to learn?	
<b>4:30</b>	<b>Adjourn</b>	

**NOTE:** Certificates will be available for distribution AFTER conclusion of the workshop



# NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

## INTERMEDIATE WORKSHOP

Co-Coordinators: Laurence I. Sugarman, MD, FAAP, ABMH and Pamela Kaiser, PhD, CPNP

### Educational Objectives

At the completion of this Intermediate Workshop, participants will be better able to:

- Refine therapeutic listening and language skills in “finding the hypnosis in the encounter”
- Improve competence in tailoring the hypnotic approach to match the child’s developmental level
- Expand skills in hypnotic utilization and communication techniques and treatment planning
- Enhance ability – deepen application of hypnotic strategies to a wider range of clinical situations, e.g. chronic illness, acute and chronic pain, anxiety, habits, physiological problems.

### PRELIMINARY AGENDA

#### Thursday, October 3

<b>8:00</b>	<b>Introduction to CME</b>
8:05	Faculty Intro/Overview
8:35	Hypnosis Re-Thinking Hypnosis/Re-Fining Utilization
9:25	Language: Why and How To Say What We Say
10:10	Introduction to Small Groups & Demo #1: Conversational Induction & Pacing and Leading Intensification
<b>10:30</b>	<b>BREAK</b>
10:45	#1 Small Group Practice: Conversational Inductions & Pacing-&-Leading Intensification
<b>12:15</b>	<b>LUNCH</b>
1:30	Recurrent and Chronic Pain and Palliative Pain
<b>3:00</b>	<b>BREAK</b>
3:20	Designing Hypnosis Sessions: Identifying Symptom Patterns, Under-developed Resources, & Goal Setting
4:15	DEMO/Explan. Sm. Grp. #2: Developing a Response Set
4:30	#2 Small Group Practice: Developing a Response Set
6:15	<b>Adjourn for Day</b>

#### Friday, October 4

8:00	Developmental Considerations in Hypnosis
9:00	Recognizing and Designing Metaphors
10:00	DEMO Small Group #3: Individualizing Metaphors via Utilization
<b>10:15</b>	<b>Break</b>
10:35	#3 Small Group Practice: Individualizing Metaphors via Utilization
<b>11:45</b>	<b>Lunch</b>
1:00	Integrating Hypnosis into Clinical Encounters
1:45	Acute and Procedural Pain
2:45	DEMO Small Group #4: Changing Sensation
<b>3:00</b>	<b>BREAK</b>
3:20	#4 Small Group Practice: Changing Sensation

4:35	Anxiety & Fear: Strategies for Psychophysiological & Emotional Self-Regulation
5:30	<b>Adjourn for Day</b>

#### Saturday, October 5

8:00	DEMO #5: Small Group: Ideomotor Signaling: Noticing and Eliciting
8:20	#5 Small Group Practice: Ideomotor Signaling: Noticing and Eliciting
<b>9:35</b>	<b>Break</b>
9:55	Mini-Intensive Clinical Topics: Pick One of following:
	(A1) <i>MORNING ONLY!</i> Care of Teens & Young Adults: Integrating Hypnosis & Motivational Interviewing
	(B1) Tailoring Hypnosis To The Needs Of People With Developmental “Diffabilities”
	(C1) Recurrent Headaches
	(D1) Coping With Psycho-Physiological Conditions
11:15	Value of Hypnosis and Hypnotherapy in Approaching Child and Adolescent Chronic Conditions
<b>12:10</b>	<b>Lunch</b>
1:25	Mini-Intensive Clinical Topics: Pick One of following:
	(A2) <i>AFTERNOON ONLY!</i> Self-Regulation of Anxiety: Combining Hypnosis and Cognitive Behavioral Therapy
	(B2) Tailoring Hypnosis To The Needs Of People With Developmental “Diffabilities”
	(C2) Recurrent Headaches
	(D2) Coping With Psycho-Physiological Conditions
<b>2:40</b>	<b>Break</b>
2:55	Integrative Pediatrics: Combining CAM With Hypnosis
3:50	Resources beyond Monday: NPHTI, Ongoing Educ, & Organizations
4:10	Beyond Today: What’s left to learn?
<b>4:30</b>	<b>Adjourn</b>



# NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

## ADVANCED WORKSHOP

Co-coordinators: Daniel P. Kohen, MD, FAAP, ABMH and Leora Kuttner, PhD

### Educational Objectives

At the completion of this Advanced Workshop, participants will be better able to:

- Evaluate one's own clinical skills and the use of therapeutic language (through video review, critique, and discussion) in context of peer review and individualized consultation with mentor(s)
- Problem-solve challenging clinical situations applying hypnotic strategies
- Review, evaluate, and offer guidance regarding (others') clinical hypnosis encounters in mentor-facilitated small group peer consultation context
- Delineate and evaluate one's selection of targeted, specific goal(s) for the videotaped hypnosis session within the larger context of treatment planning

### PRELIMINARY AGENDA

#### Thursday, October 3

7:15	<b>Registration &amp; Breakfast Buffet</b>	3:35	Continuation of Case Presentation with Mentor Consultation
8:00	Introduction & CME Overview (All Groups)	6:15	<b>Adjourn for the Day</b>
8:05	Introduction to Workshop: Overview (All Groups)	Evening	Optional: Viewing (on own) of Videotapes
8:35	Case Presentation with Mentor Consultation		
10:00	<b>Refreshment Break</b>		
10:20	Continuation of Case Presentation with Mentor Consultation		
12:15	<b>Lunch Buffet</b>		
1:30	Case Presentation with Mentor Consultation		
3:20	<b>Refreshment Break</b>		
3:40	Continuation of Case Presentation with Mentor Consultation		
5:30	Ethics and Professional Conduct (All Groups)		
6:00	<b>Adjourn for the Day</b>		
Evening	Optional: Viewing (on own) of Videotapes		

#### Friday, October 4

7:15	<b>Breakfast Buffet</b>
8:00	Conversation with New Facilitators from Around the World!
8:45	Case Presentation with Mentor Consultation
10:15	<b>Refreshment Break</b>
10:35	Continuation of Case Presentation with Mentor Consultation
12:00	<b>Lunch Buffet or Viewing of Videotapes</b>
1:30	Case Presentation with Mentor Consultation
3:15	<b>Refreshment Break</b>

#### Saturday, October 5

7:15	<b>Breakfast Buffet</b>
8:00	Case Presentation with Mentor Consultation
10:10	<b>Refreshment Break</b>
10:30	Continuation of Case Presentation with Mentor Consultation
12:15	<b>Lunch Buffet or Viewing of Videotapes</b>
1:45	Case Presentation with Mentor Consultation
2:40	<b>Refreshment Break</b>
3:00	Continuation of Case Presentation with Mentor Consultation
4:45	Q&A with Faculty (All Groups)
5:00	<b>Adjourn</b>

## HOST WORKSHOP FACULTY AND GROUP FACILITATORS

### **ANDREW J. BARNES, MD, MPH, FAAP\***

Assistant Professor, Pediatrics and Adolescent Health, Developmental-Behavioral Pediatrics, University of Minnesota, Minneapolis, MN; Former physician member-at-large, MSCH; Approved Consultant, ASCH

### **DAVID BECKER, MD, MPH, FAAP**

Associate Clinical Professor, UCSF Department of Pediatrics, San Francisco, CA

### **TIMOTHY P. CULBERT, MD, FAAP, ABMH, BCB**

Assistant Professor and Clinical Faculty, Department of Pediatrics, University of Minnesota Medical School, Minneapolis, MN; Adjunct Faculty, Center for Spirituality and Healing, University of Minnesota, Minneapolis, MN; Medical Director, Pediatric Integrative Medicine, Ridgeview Medical Center, Minneapolis, MN

### **CANDACE J. ERICKSON, MD, FAAP, MPH**

Course Director SDBP Clinical Hypnosis Workshops (1987-2009); Associate Professor of Clinical Pediatrics, Columbia University College of Physicians and Surgeons, New York, NY; Developmental and Behavioral Pediatrician, Morgan Stanley Children's Hospital of New York Presbyterian Hospital, New York, NY and the Brooklyn Hospital Center, Brooklyn, NY

### **MELANIE GOLD, DO, FAAP**

Clinical Professor of Pediatrics, Division of Adolescent Medicine, Department of Pediatrics, University of Pittsburgh School of Medicine; Staff Physician, Division of Student Affairs, University of Pittsburgh Student Health Service, Pittsburgh, PA

### **HOWARD HALL, PhD, PSYD, BCB**

Professor, Division of Developmental/Behavioral Pediatrics and Psychology, Department of Pediatrics, Case Western Reserve University, Cleveland, OH; Rainbow Babies and Children's Hospital Case Medical Center, Cleveland, OH; Board Certified in Biofeedback (BCB); Approved Consultant, ASCH

### **PAMELA KAISER, PhD, CPNP, CNS\***

Co-Director, National Pediatric Hypnosis Training Institute; Former Associate Clinical Professor, Developmental-Behavioral Pediatrics (DBP), University of California, San Francisco, CA; Former Director, Anxiety, Stress, and Health Clinic, Children's Health Council, Palo Alto, CA; Clinical Child & Adolescent Psychologist; Certified Pediatric Nurse Practitioner; Pediatric Clinical Nurse Specialist; Executive Council Member and Approved Consultant, ASCH

### **REBECCA KAJANDER, CPNP, MPH**

Noran Neurological Clinic, Minneapolis, MN; Former Department Chair and Clinical Practice Director, Alexander Center for Child

Development and Behavior, Park Nicollet Clinic, St. Louis Park, MN; Former Adjunct Faculty Developmental-Behavior Pediatrics, Department of Pediatrics, University of Minnesota Medical School; Instructor, School of Nursing, University of Minnesota, Minneapolis, MN; Faculty MSCH; Faculty NPHTI

### **DANIEL P. KOHEN, MD, FAAP, ABMH\***

Co-Director, National Pediatric Hypnosis Training Institute; Director, Developmental-Behavioral Pediatrics and Professor, Departments of Pediatrics and Family Medicine and Community Health, University of Minnesota Medical School, Minneapolis, MN; Director of Education and Training, Minnesota Society of Clinical Hypnosis (MSCH); Past President, MSCH; Past President, American Board of Medical Hypnosis; Vice-President (2011-2012), ASCH; Fellow, and Approved Consultant, ASCH; Fellow, SCEH

### **LEORA KUTTNER, PhD\***

Clinical Psychologist and Clinical Professor of Pediatrics, University of British Columbia and British Columbia Children's Hospital, Vancouver, Canada; Vice-President, Canadian Society of Clinical Hypnosis (BC Division)

### **LISA LOMBARD, PhD**

Clinical Psychologist in Private Practice; Consulting Psychologist at Frances Xavier Warde School in Chicago, IL; Former Associate Professor, Clinical Psychology (Child and Adolescent Track) at the Chicago School of Professional Psychology; Former Cognitive Assessment Clinic Coordinator, George Mason University, Fairfax, VA. Certified ASCH; Member SCEH and CSCH

### **KAREN OLNESS, MD, FAAP, ABMH\***

Professor of Pediatrics, Family Medicine, and Global Health, Case Western Reserve University, Cleveland, OH; Diplomate and Past-President, American Board of Medical Hypnosis; Past President, ASCH, SCEH, and the International Society of Hypnosis; Fellow, ASCH & SCEH

### **ROBERT PENDERGRAST, MD, MPH, FAAP**

Associate Professor of Pediatrics, Medical College of Georgia at Georgia Regents University; Director, Adolescent Medicine, Children's Hospital of Georgia, Augusta, GA; Aiken-Augusta Holistic Health, North Augusta, SC; Certified, ASCH

### **LAURENCE I. SUGARMAN, MD, FAAP, ABMH\***

Research Professor and Director, Center for Applied Psychophysiology and Self-regulation, Institute and College of Health Sciences and Technology, Rochester Institute of Technology; Clinical Associate Professor in Pediatrics, University of Rochester; Behavioral Pediatrician, Easter Seals Diagnostic and Treatment Center, Rochester, NY; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow and Approved Consultant, ASCH

## SKILL DEVELOPMENT GROUP FACILITATORS

### **DAVID ALTER, PhD, LP, ABPP, ABPH**

Co-Founder, Partners in Healing of Minneapolis; Founder, Institute for Brain-Behavior Integration; Private Practice, Minnetonka, MN; Past President, MSCH; Treasurer & Approved Consultant, ASCH

### **BEV CARUSO, MSW**

Faculty, MSCH

### **KEVIN M. HARRINGTON, PhD, LP**

Private Practice, Bloomington, MN; Professional Staff Member, Children's Hospital and Clinics, Minneapolis, MN; Former Board Member, MSCH

### **HARRIET KOHEN, MA, MSW, LICSW**

President, MN Society for Clinical Social Work; Partners-in-Healing of Minneapolis

### **KATE PFAFFINGER, PhD, LP, PNP, MPH**

Pediatric / Health Psychologist, Private Practice, St. Paul, MN; Pediatric Nurse Practitioner; Faculty and Former Board Member, MSCH

### **TERESA QUINN, MD, ABMH\***

Assistant Professor, Family Medicine Residency, Park Nicollet Methodist Hospital, St. Louis Park, MN; Diplomate, American Board of Medical Hypnosis

### **DAVID WARK, PhD, ABPH**

Emeritus Professor of Psychology, University of Minnesota, Minneapolis, MN; Past President, MSCH; Board Member, International Society of Hypnosis; Past President, Fellow, and Approved Consultant, ASCH; Fellow, SCEH

### **MARK B. WEISBERG, PhD, ABPP, LP**

Clinical Health Psychologist, Diplomate in Health Psychology; Listed, National Register of Health Service Providers in Psychology; Independent Practice, Minneapolis, MN; Fellow, American Psychological Association; Past President, MSCH; Fellow, Past Vice President, Past Secretary, Approved Consultant, ASCH

### **ELAINE WYNNE, MA, LP**

Licensed Psychologist in Private Practice, Minneapolis, MN; Former Faculty, Metropolitan State University, Minneapolis, MN; Past Board Member, MSCH; Approved Consultant, ASCH

\* Denotes Planning Committee Member; Additional Planning Committee Members include Ginny Jacobs, M.Ed., MLS, CCMEP and Dori Henderson, PhD from the University of Minnesota Medical School, Office of Continuing Medical Education





# NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

## Registration Form\*

### Pediatric Clinical Hypnosis Introductory Workshop ONLY

October 3-5, 2013

Please type or print clearly. A name badge and statement of attendance are generated from this form.

Name \_\_\_\_\_

Affiliation \_\_\_\_\_

Department \_\_\_\_\_

Address  HOME  OFFICE \_\_\_\_\_ Mail Stop \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Office Telephone Number \_\_\_\_\_ FAX \_\_\_\_\_

E-mail \_\_\_\_\_

*Receipts, confirmations, and driving directions are now emailed from our office. Please include your email address and print clearly.*

Degree  MD  DO  PhD  PsyD  MA/MS  MPH  MSW/ACSW  LCSW  LMSW  LMFT  
 APRN  NP  CNS  RN  CCLS  DDS/DMD  OTHER \_\_\_\_\_

Specialty  Pediatrics / Subspecialty \_\_\_\_\_  Marriage/Family/Therapy / Subspecialty \_\_\_\_\_  
 Family Medicine / Subspecialty \_\_\_\_\_  Social Work / Subspecialty \_\_\_\_\_  
 Psychiatry / Subspecialty \_\_\_\_\_  Education / Subspecialty \_\_\_\_\_  
 Psychology / Subspecialty \_\_\_\_\_  General Surgery / Subspecialty \_\_\_\_\_  
 Nursing / Subspecialty \_\_\_\_\_  
 Podiatry  OT / PT  Dentistry  Other \_\_\_\_\_

Licensed in Profession \_\_\_\_\_ Required License # \_\_\_\_\_ State \_\_\_\_\_

#### REGISTRATION FEES

	Kick-off March 12 - June 10	Early Bird June 11-September 9	Regular After September 9
<input type="checkbox"/> Registration Fee	\$725	\$795	\$825
<input type="checkbox"/> MSCH Member	\$640	\$695	\$730
<input type="checkbox"/> Graduate Student, Intern, Resident, Fellow	\$550	\$575	\$595

Graduate Students please indicate your school affiliation \_\_\_\_\_

**INTRODUCTORY WORKSHOP**  
*Please select ONE session you would like to attend*  
 October 5th, 2013 – Hypnosis in Your Work Setting  
 Primary Care  Clinical Anxiety  Pain  Chronic Conditions

Special Needs \_\_\_\_\_

*Special needs such as dietary restrictions should be indicated in advance; requests cannot always be honored on site.*

#### TO REGISTER

**Online:** Register online with Visa, MasterCard, or American Express. In order to protect your credit card information, the Office of Continuing Medical Education (OCME) does not accept credit card payments by phone, fax, mail, in person, or on-site.

**By Mail:** Mail your check (payable to The Regents of the University of Minnesota) with this form to: Pediatric Clinical Hypnosis, Office of Continuing Medical Education, University of Minnesota, University Park Plaza, 2829 University Avenue SE, Suite 901, Minneapolis, MN 55414.

If you have any questions, please contact our office at (612) 626-7600, (800) 776-8636, or e-mail us at [cme@umn.edu](mailto:cme@umn.edu).

\*The **Intermediate** and **Advanced Workshops** require completing a Prior Learning/Needs Assessment. Upon acceptance of your assessment, you will be contacted with registration instructions.



## NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

### ACKNOWLEDGMENT AND RELEASE

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE  
MINNESOTA SOCIETY OF CLINICAL HYPNOSIS  
CONTINUING MEDICAL EDUCATION & DEPARTMENT OF PEDIATRICS  
UNIVERSITY OF MINNESOTA

Name of Workshop: **National Pediatric Hypnosis Training Institute (NPHTI) Annual Skill Development Workshops in Pediatric Clinical Hypnosis**

Dates: **October 3-5, 2013**

Location: **Oak Ridge Hotel & Conference Center, Minneapolis (Chaska), MN**

The undersigned acknowledges that he/she has volunteered to participate in a workshop in which he/she engages in a hypnotic state ("trance"), and that workshop participants and faculty will be present during this/these session(s).

The undersigned does not have any health problems or other special conditions that might interfere with their participation, except as have been disclosed to faculty members.

The undersigned agrees to hold harmless the NPHTI, MSCH, and the University of Minnesota Department of Pediatrics and the Office of Continuing Medical Education, their employees and members, the faculty and other participants in the above described workshop, and indemnify them from and against any and all claims, damages, and costs arising from the undersigned's participation in the above described workshop.

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Printed Name

---

Signature

---

Date



**PEDIATRIC CLINICAL HYPNOSIS  
SKILL DEVELOPMENT WORKSHOPS 2013**

**NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE**

**October 3-5, 2013**

**Oak Ridge Hotel and Conference Center  
1 Oak Ridge Drive  
Chaska, MN 55318**

**WEB SITES**

**[www.cme.umn.edu](http://www.cme.umn.edu)**

Visit the University of Minnesota CME Web site to access conference brochures, view our complete course calendar, get directions, or register online. Check back often; we regularly update our course information.

**[www.nphti.org](http://www.nphti.org)**

For more information about the National Pediatric Hypnosis Training Institute.

**[www.med.umn.edu/peds/genpeds/education/develop\\_behavioralpeds/](http://www.med.umn.edu/peds/genpeds/education/develop_behavioralpeds/)**

For more information about the University of Minnesota Developmental Behavioral Pediatrics Program.

**[www.msch.us](http://www.msch.us)**

For more information about the Minnesota Society of Clinical Hypnosis.

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*Dietary restrictions should be indicated in advance; requests cannot always be honored on site.*

*This publication/material can be made available in alternative formats upon request.*

*Direct requests to the Office of Continuing Medical Education at 612-626-7600 or toll-free at 800-776-8636.*

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