



**Pediatric Clinical Hypnosis
Skill Development Workshops 2015**
presented by

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

October 15 - 17, 2015

**Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441**

In Collaboration with
Minnesota Society of Clinical Hypnosis
University of Minnesota Department of Pediatrics



UNIVERSITY OF MINNESOTA

Medical School

COURSE DESCRIPTION

These intensive workshops provide a combined lecture-demonstration-experiential training format in the use of clinical hypnosis and its applications to children and teens experiencing various conditions in pediatric settings. Pediatric clinical hypnosis is an effective therapeutic intervention with empirical support for a variety of clinical conditions, including chronic and procedure-related pain, anxiety disorders, stress-related conditions, habit problems, sleep disturbance, and various medical conditions.

- The workshops are offered at three levels (Introductory, Intermediate and Advanced), depending upon previous training in pediatric hypnosis, to licensed pediatric clinicians with advanced degrees.
- Strong emphasis is placed on experiential learning, with extensive supervised practice (within small groups with a high faculty to trainee ratio) of hypnotic techniques and of which will integrate a developmental perspective and are suitable for children/teens.
- Registration fees for all three workshops include course presentations (available online in advance and on a thumb-drive at the time of arrival), hearty continental breakfast, and morning and afternoon refreshments.

ELIGIBILITY AND TARGET AUDIENCE

Workshop participation requires an active clinical license AND one of the following:

- Doctoral Degree in Medicine, Psychology, Nursing or Dentistry
- Masters Degree in Social Work, Marriage and Family Therapy, Clinical or Counseling Psychology
- Masters Degree in Nursing or a Registered Nurse with a Masters Degree and subspecialty training or certification (e.g. APRN, CPNP)
- Other Advanced degree health care providers, e.g. Occupational & Physical Therapists, Speech & Language Pathologists, et al.
- Child Life Specialists holding a Doctoral, Masters, or Bachelors degree
- Students, Interns, Residents and Fellows actively enrolled in a graduate program leading to degrees or completion of clinical training in any of the foregoing.

NOTE: All participants are expected to attend the entire workshop and participate in experiential activities, including trance experiences. No exceptions. Participant Certificates are only given to those attending the full program, at the end of the third afternoon.

INTRODUCTORY WORKSHOP

This workshop teaches basic skill-building in hypnosis as a therapeutic communication and intervention for children/teens experiencing a variety of clinical conditions. Particular focus is on management of pain, anxiety, and sleep. Instructional videos and case vignettes are an integral components of the presentations. Experiential learning is strongly emphasized (this workshop provides double the amount offered in most introductory hypnosis workshops). Activities include: group exercises and supervised small group practice (typically a 6:1 trainee:faculty ratio) focused on the structure and elements of clinical hypnosis with children/teens explaining hypnosis to parents and children, and the use of self-hypnosis.

This workshop is for those without prior *pediatric-specific* hypnosis training. For complete information, [click here](#).

REGISTRATION

Registration Deadlines & Fees

Introductory Workshops register by **September 4, 2015** to receive the Early Registration Discount!

	Kick-off March 16 - July 7	Early Bird July 7 - September 4	Regular After September 4
Introductory Workshop	\$840	\$910	\$950
MSCH Member	\$770	\$805	\$845
Graduate Student/Intern/Resident/Fellow/Trainee	\$585	\$610	\$630

To Register for the Introductory Workshop

ONLINE: Register online with Visa, MasterCard, or American Express at www.cme.umn.edu/intropedshypnosisreg. In order to protect your credit card information, the Office of Continuing Professional Development (OCPD) does not accept credit card payments by phone, fax, mail, in person, or on-site.

BY MAIL: Mail your check (payable to Regents of the University of Minnesota) with [registration form](#) to: Pediatric Clinical Hypnosis, Office of Continuing Professional Development, University of Minnesota Medical School, MMC 293, Mayo Memorial Building, Room G-254, 420 Delaware Street SE, Minneapolis, MN 55455.

INTERMEDIATE WORKSHOP

NOTE: Participants must have completed an Introductory *all pediatric-specific* hypnosis training workshop and have experience in using clinical hypnosis with pediatric patients. Completion of a **Prior Learning/Needs Assessment** questionnaire is required prior to your registration being accepted for this workshop. This is **not** a beginning level course. For complete information, [click here](#).

This year's workshop has been updated! Content focuses on Utilization principles while refining and expanding existing hypnosis skills and furthering assessment and individualized hypnotic treatment approaches for patients and their families. The faculty's clinical video recordings and case vignettes are integral components of the presentations. Exercises within small groups (with high faculty to trainee ratios) concentrate on expanding participants' confidence and specific utilization skills: conversational inductions, pacing and leading, designing metaphors, talking in trance, self-regulation strategies, and other person-centered strategies.

Participants will also select two "mini-intensives" that best fit their learning needs, from a list of NEW clinical topics: 1) Needle-Injection-Procedural Phobias: Combining Hypnosis with CBT (Cognitive Behavioral Therapy); 2) Medical Hypnosis for Children with Functional and Organic GI Disorders; 3) Combining Clinical Hypnosis with CBT for Children Experiencing Depression; 4) Hypnosis Used Flexibly for Complex Pain; 5) Hypnotic Utilization Strategies & Phenomena: Reframing, Fractionation, Conversational Hypnosis, Time Distortion: Age Progression & Regression.

REGISTRATION

Registration Deadlines & Fees

Intermediate Workshops register by **September 4, 2015** to receive the Early Registration Discount!

	Kick-off March 16 - July 7	Early Bird July 7 - September 4	Regular After September 4
Intermediate Workshop	\$840	\$910	\$950
MSCH Member	\$770	\$805	\$845
Graduate Student/Intern/Resident/Fellow/Trainee	\$585	\$610	\$630

To Register for the Intermediate Workshop

Go to www.cme.umn.edu/interpedshypnosisreg to complete the **Prior Learning/Needs Assessment**. Upon acceptance of your assessment, you will be contacted with registration instructions.

ADVANCED WORKSHOP

The Advanced Workshop will provide extensive, individualized mentor consultation to medical health and mental health care practitioners interested in enhancing their knowledge and expertise in the use of pediatric hypnosis. This 22-hour intensive meeting is designed to fulfill the requirements for attaining ASCH Certification in Clinical Hypnosis and/or to obtain the hours of consultation necessary to become an ASCH-Approved Consultant. **In addition to providing evidence of previous Pediatric Hypnosis training and regular use of pediatric hypnosis in their clinical practice, advanced participants must bring and present a DVD or VHS videotape of hypnotic work with a pediatric patient and a corresponding typed case vignette of the video. The deadline for video submission is July 1, 2015.** We will provide a "how to" guide to help learners develop effective video recordings. Completion of a **Prior Learning/Needs Assessment** questionnaire is required before your registration will be accepted for this workshop.

Individuals attending this program must have completed an ASCH-Approved **Pediatric Introductory** (Basic) **and Pediatric Intermediate Workshop** (such as NPHTI 2010 - 2014, or those previously taught by this faculty via the Society of Developmental and Behavioral Pediatrics, or equivalent), and **should be using hypnosis regularly in their professional practice**. The format is unique and one in which participants meet and consult in a small group setting with fellow practitioners and a group of faculty facilitators who are ASCH Approved Consultants. This model encourages and expects participants to learn from one another, to have their own expertise affirmed and expanded, and to network with other professionals in pediatric clinical hypnosis. During the consultation sessions, the focus is upon issues unique to each practitioner's specialties and practice. For complete information, [click here](#).

REGISTRATION

Registration Deadlines & Fees

Advanced Workshop Registration Fee	On or before July 1, 2015 \$990	Registrations will not be accepted after July 1, 2015
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To Register for the Advanced Workshop

Go to www.cme.umn.edu/advpedshypnosisreg to complete the **Prior Learning/Needs Assessment**. Upon acceptance of your assessment, you will be contacted with registration and video submission instructions, and a "how to" guide to developing effective video recordings. **Early registration is encouraged to reserve your place and facilitate faculty planning. Please note video submissions are due by July 1, 2015.**

Registration fees for **all three workshops** include course presentations (available online in advance, and on a thumb drive at the time of arrival), hearty continental breakfast, and morning and afternoon refreshments. **Special needs such as dietary restrictions, lactation room, etc. should be indicated in advance. Requests cannot always be honored on site.**

Note: Participants are not considered registered until registrant information, Acknowledgement & Release Waiver and payment have been received by our office.

Lunch on Your Own

Lunch during the three day workshops **is not included** in the registration fee. You are encouraged to purchase the lunch buffet served at the conference facility in advance. To purchase lunch one or all conference days, [click here](#).

Group Registration

A minimum of 3 registrants from the same organization is required for a group discount of \$20 per person to be deducted from the corresponding registration fees listed above. Submit all registrations together with one check payment. Online group registrations must be received within two business days. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

Course Materials

A thumb drive with a PDF of the course presentations will be available to attendees and distributed at the Workshop. A printed syllabus will NOT be distributed at the Workshops. Registered attendees will be emailed access instructions to view the presentations online prior to the Workshops; and download or print for their use at the conference. **Please note:** NO services for printing syllabi are available on site during the conference.

Cancellation Policy

In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on **October 1, 2015**. No refunds will be made after this date.

WORKSHOP LOCATION & OVERNIGHT ACCOMMODATIONS

Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441
www.CPPlymouth.com
763-559-6600
800-227-6963

A block of hotel rooms is available at the discounted rate of \$129.00 per night plus the current state and local taxes. Please make your reservations directly with the hotel by the cut-off date of September 12, 2015, and request the **U of M – NPHTI Pediatric Clinical Hypnosis block** to receive the discounted rate. Reservations will be accepted based on space and rate availability.

Parking is complimentary and adjacent to the facility. Valet parking is available for \$3.50 per day.

ACCREDITATION

American Medical Association/PRA

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of the University of Minnesota, the National Pediatric Hypnosis Training Institute and the Minnesota Society of Clinical Hypnosis. The University of Minnesota is accredited by the ACCME to provide continuing medical education for physicians.

The University of Minnesota designates this live activity for a maximum of 22 *AMA PRA Category 1 Credits™* for the **Introductory Workshop**, 21.5 *AMA PRA Category 1 Credits™* for the **Intermediate Workshop** and 21.75 *AMA PRA Category 1 Credits™* for the **Advanced Workshop**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Practitioners, Nurses, Dentists and Other Health Care Professionals

Nurse practitioners, nurses, dentists and other health care professionals who participate in this CE activity may submit their Statements of Participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Applications for additional categories of continuing education credit will be submitted to the American Academy of Pediatrics (AAP), American Society of Clinical Hypnosis (ASCH), Minnesota Board of Marriage and Family Therapy And Minnesota Board of Psychology. They will be posted on each section's webpage upon approval at www.cmecourses.umn.edu



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

INTRODUCTORY WORKSHOP

www.cme.umn.edu/intropedshypnosisinfo

Coordinators: Pamela Kaiser, PhD, CPNP and Daniel P. Kohen, MD, FAAP, ABMH

Educational Objectives

At the completion of the Introductory Workshop, learners should be better able to:

- List the stages of hypnosis
- Describe hypnosis as a process of therapeutic communication
- Describe and demonstrate four pediatric hypnosis induction methods and four intensification techniques
- Be increasingly confident in explaining hypnosis to parents and children
- Teach children and families self-hypnosis skills
- Outline three clinical applications for pediatric hypnosis
- Describe and demonstrate the use of hypnosis for pain control for procedures and for chronic, recurring pain
- Describe and demonstrate a hypnotherapeutic approach for anxiety and for sleep onset insomnia
- Outline a strategy for getting started using hypnosis in clinical practice

AGENDA

Thursday, October 15, 2015

7:00am Registration and Breakfast Buffet

- 8:00 Introduction – Continuing Professional Development Overview
- 8:05 Faculty Introductions/Course Overview
- 8:35 Hypnosis Definitions/Theories/Myths
- 9:25 Hypnosis Structure & Stages
- 10:15 Refreshment Break**
- 10:35 Hypnosis: The *Many* Right Ways
- 11:30 Overview: Format for Small Group Practice
- 11:45 Demonstration #1: Induction: Special Place (Dissociation); Intensification: Multisensory Imagery

12:05pm Lunch on Your Own

- 1:15 Small Group Practice #1: Induction: Special Place (Dissociation)—Intensification: Multisensory Imagery—Alert—Debrief
- 3:00 Refreshment Break**
- 3:20 Demonstration #2: Induction: The Breath; Intensification: Progressive Muscle Relaxation
- 3:45 Small Group Practice #2: Induction: The Breath; Intensification: PMR—Alert—Debrief
- 5:15 Clinical Application: Self-Regulation for Anxiety, Worry and Fears
- 6:00pm Adjourn for Day**

Friday, October 16, 2015

7:00am Breakfast Buffet

- 8:00 Developmental Considerations in Hypnosis
- 9:00 Formulating Suggestions: Language & Utilization/Communication Techniques—Ideomotor Signaling
- 10:10 Demonstration #3: Ideomotor (Magnet Fingers); Intensification: Utilization
- 10:30 Refreshment Break**
- 10:50 Small Group Practice #3: Induction: Magnet Fingers; Intensification: Utilization: Language & Suggestions—Ideomotor Signaling
- 12:10pm Lunch on Your Own**
- 1:25 Contextualization: Post-Hypnotic Suggestions
- 2:00 Demonstration #4: Induction: Eye Fixation; Intensification: Noticing Internal Differences; PHS

- 2:20 Small Group Practice #4: Induction: Eye Fixation; Intensification: Noticing Internal Differences—Suggestions—PHS

3:45 Refreshment Break

- 4:05 Explaining Hypnosis to Child & Parents: with Demo Video
- 4:25 Demonstration #5: Explain Hypnosis to Child & Parents (20 min)
- 4:45 Small Group Practice #5: Explain Hypnosis to Child and Parents
- 6:00pm Adjourn for Day**

Saturday, October 17, 2015

7:00am Breakfast Buffet

- 8:00 Clinical Applications: Sleep Disturbances
- 8:50 Clinical Applications: Acute & Chronic Pain
- 9:50 Demonstration #6: Magic Glove Technique
- 10:15 Refreshment Break**
- 10:30 Small Group Practice #6: Magic Glove Technique
- 11:50 Lunch on Your Own**
- 1:00pm Self-Hypnosis (SH): Learning and Teaching and Questions
- 1:25 Self-Hypnosis: Large Group Experience/Debrief/Demonstration #7: Teach SH+Do SH
- 1:50 Small Group Practice #7: Teach Self-Hypnosis – Do Self-Hypnosis
- 2:40 Refreshment Break**
- 2:50 BREAKOUT GROUPS: Participants' Design a Hypnosis Session for Case Vignettes: Choose One to Attend:
- Primary Care
 - Anxiety
 - Pain
 - Chronic Conditions
- 3:50 Continued Learning & Resources Beyond Monday: NPHTI, Ongoing Education & Organizations
- Beyond Today: What's Left to Learn?
- Important Closure: All Faculty Group Hypnosis
- 4:30 Adjourn**



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

INTERMEDIATE WORKSHOP

www.cme.umn.edu/interpedshypnosisinfo

Coordinators: Pamela Kaiser, PhD, CPNP and Daniel P. Kohen, MD, FAAP, ABMH

Educational Objectives

At the completion of this Intermediate Workshop, learners should be better able to:

- Refine therapeutic listening and language skills in “finding the hypnosis in the encounter”
- Enhance ability to approach and apply more complicated clinical situations with hypnotic strategies
- Incorporate hypnotic self-regulation strategies for those experiencing anxiety, stress, acute or chronic pain
- Utilize a patient’s individualized resources and needs when designing hypnotic metaphors and a treatment plan
- Integrate conversational inductions, pacing & leading, and talking in trance into their repertoire of hypnosis techniques

AGENDA

Thursday, October 15, 2015

- 7:00am Registration and Breakfast Buffet**
8:00 Introduction – Continuing Professional Development Overview
8:05 Faculty Introductions/Overview
8:35 Hypnosis Re-Thinking Hypnosis/Re-Fining Utilization
9:25 Language: Why and How To Say What We Say
10:10 Introduction to Small Groups & Demo #1: Conversational /Naturalistic Induction & Pacing and Leading
10:30 Refreshment Break
10:45 #1 Small Group Practice: Conversational Inductions & Pacing and Leading
12:15pm Lunch on Your Own
1:30 Acute and Procedural Pain
2:30 Recurrent and Chronic Pain, and Palliative Care
3:45 Demonstration #2: Changing Sensation
4:00 **Refreshment Break**
4:20 Small Group Practice #2: Changing Sensation
5:50 **Adjourn for Day**

Friday, October 16, 2015

- 7:00am Breakfast Buffet**
8:00 Developmental Considerations in Hypnosis: Abstract Thinking, Metaphors, & Self-Regulation
9:00 Recognizing, Utilizing and Designing Metaphors
10:10 Demonstration #3: Individualizing Metaphors via Utilization
10:25 Refreshment Break
10:45 Small Group Practice #3: Individualizing Metaphors via Utilization
12:10 Lunch on Your Own
1:25pm Integrating Hypnosis into Clinical Encounters
2:15 Anxiety & Fear: Strategies for Self-Regulation
3:40 Demonstration #4: Self-Regulation of Anxiety & Fear
4:00 Refreshment Break
4:20 Small Group Practice #4: Self-Regulation of Anxiety & Fear
6:00 Adjourn for Day

Saturday, October 17, 2015

- 7:00am Breakfast Buffet**
8:00 Demonstration #5: Talking in Trance
8:20 Small Group Practice #5: Talking in Trance
9:35 Refreshment Break
9:50 Clinical Topics: Pick One of the following:
New (A) Session & Repeat Sessions (B, C, D): (80 min)
(A1) **MORNING ONLY!** Depression: Combining Hypnosis with CBT (Cognitive Behavioral Therapy)
(B1) Complex Pain: Hypnosis Used Flexibly
(C1) Hypnotic Utilization Strategies & Phenomena: Reframing, Fractionation, Time Distortion, Age Progression & Regression
(D1) Functional & Organic GI Disorders: Medical Hypnosis
11:15 Hypnotherapy in Approaching Children & Adolescents with Chronic Conditions
12:10pm Lunch on Your Own
1:25 Clinical Topics: Pick One of the following:
New (A) Session & Repeat Sessions (B, C, D): (80 min)
(A2) **AFTERNOON ONLY!** Needle-Injection-Procedural Phobias: Combining Hypnosis with CBT (Cognitive Behavioral Therapy)
(B2) Complex Pain: Hypnosis Used Flexibly
(C2) Hypnotic Utilization Strategies & Phenomena: Reframing, Fractionation, Time Distortion, Age Progression & Regression
(D2) Functional and Organic GI Disorders: Medical Hypnosis
2:45 Refreshment Break
3:00 Integrative Pediatrics: Combining Biofeedback With Hypnosis
3:50 Continued Learning & Resources Beyond Monday: NPHTI, Ongoing Education & Organizations
4:10 Beyond Today: What’s left to learn?
4:20 Important Closure: All Faculty Group Hypnosis
4:30 Adjourn



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

ADVANCED WORKSHOP

www.cme.umn.edu/advpedshypnosisinfo

Coordinators: Daniel P. Kohen, MD, FAAP, ABMH and Leora Kuttner, PhD

Educational Objectives

At the completion of this Advanced Workshop, learners should be better able to:

- Reflectively evaluate one's own clinical skills/language through video review, critique, and discussion with colleague advanced learners and carefully matched faculty mentors
- Problem-solve challenging clinical situations regarding application of hypnotic strategies with colleague advanced learners and carefully matched faculty mentors
- Review, evaluate, and offer guidance regarding (others') clinical hypnosis encounters with colleague advanced learners and carefully matched faculty mentors

AGENDA

Thursday, October 15, 2015

- 7:15 Registration & Breakfast Buffet**
8:00 Introduction & Continuing Professional Development Overview (All Groups)
8:05 Introduction to Workshop: Overview (All Groups)
8:35 Case Presentation with Mentor Consultation
10:00 Refreshment Break
10:20 Continuation of Case Presentation with Mentor Consultation
12:15 Lunch on Your Own
1:30 Case Presentation with Mentor Consultation
3:20 Refreshment Break
3:40 Continuation of Case Presentation with Mentor Consultation
6:00 Adjourn for Day
Evening Viewing (on own) of Videotapes

Friday, October 16, 2015

- 7:15 Breakfast Buffet**
8:00 Conversation with New Facilitators from Around the World!
8:45 Case Presentation with Mentor Consultation
10:15 Refreshment Break
10:35 Continuation of Case Presentation with Mentor Consultation
12:00 Lunch on Your Own
1:30 Case Presentation with Mentor Consultation
3:15 Refreshment Break
3:35 Continuation of Case Presentation with Mentor Consultation
6:15 Adjourn for Day
Evening Viewing (on own) of Videotapes

Saturday, October 17, 2015

- 7:15 Breakfast Buffet**
8:00 Case Presentation with Mentor Consultation
10:10 Refreshment Break
10:30 Continuation of Case Presentation with Mentor Consultation
12:15 Lunch on Your Own
1:45 Case Presentation with Mentor Consultation
2:40 Refreshment Break
3:00 Continuation of Case Presentation with Mentor Consultation
4:10 Q&A
4:20 Important Closure: All Faculty Group Hypnosis
4:30 Adjourn

HOST WORKSHOP FACULTY AND GROUP FACILITATORS

ANDREW J. BARNES, MD, MPH, FAAP*

Assistant Professor, Pediatrics and Adolescent Health, Developmental-Behavioral Pediatrics, University of Minnesota, Minneapolis, MN; Former physician member-at-large, MSCH; Approved Consultant, ASCH

DAVID K. BECKER, MD, MA, MFT†

Clinical Professor, Department of Pediatrics and the Osher Center for Integrative Medicine, University of California, San Francisco; Marriage and Family Therapy Intern, San Francisco Psychotherapy Clinic

CHERYL S. BEMEL, PhD., LP, NCSP/NASP

Psychologist, Allina Health, St. Paul, Minnesota; Nationally Certified School Psychologist-National Association of School Psychologists; Board Member, MSCH; Approved Consultant, ASCH

F. RALPH BERBERICH, MD, FAAP

Pediatrician, Multi-specialty Group Practice, Pediatric Suggestions and Sutter East Bay Medical Foundation, Berkeley, CA; Approved Consultant, ASCH

FREDERICK BOGIN, MD, FAAP

Assistant Professor of Pediatrics (retired), University of Connecticut School of Medicine; Private Practice, Pediatric Hypnotherapy; Certified, ASCH

CAMILLA G. CEPPI COZZIO, MD, FMH

General Pediatrics and Adolescent Medicine Physician, Private Practice, Dübendorf, Switzerland; Member of Swiss Society of Pediatrics; Certified Physician, Swiss Academy of Psychosomatic and Psychosocial Medicine (SAPPM); International Member, ASCH

CANDACE J. ERICKSON, MD, FAAP, MPH

Course Director SDBP Pediatric Clinical Hypnosis Workshops (1987-2009); Associate Professor of Clinical Pediatrics, Columbia University College of Physicians and Surgeons, New York, NY; Developmental and Behavioral Pediatrician, Morgan Stanley Children's Hospital of New York Presbyterian Hospital, New York, NY and Brooklyn Hospital Center, Brooklyn, NY

MELANIE A. GOLD, DO, DABMA, MQT, FAAP, FACOP

Medical Director, School Based Health Centers, Professor of Pediatrics, Section of Adolescent Medicine, Division of Child and Adolescent Health, Department of Pediatrics, Columbia University Medical Center, New York Presbyterian Hospital, Mailman School of Public Health, Department of Population and Family Health, New York, NY

HOWARD HALL, PhD, PSYD, BCB

Professor, Division of Developmental/Behavioral Pediatrics and Psychology, Department of Pediatrics, Case Western Reserve University, Cleveland, OH; Rainbow Babies' and Children's Hospital Case Medical Center, Cleveland, OH; Board Certified in Biofeedback(BCB); Approved Consultant, ASCH

PAMELA KAISER, PhD, CPNP, CNS*

Co-Founder and Co-Director, National Pediatric Hypnosis Training Institute; Former Associate Clinical Professor, Developmental-Behavioral Pediatrics (DBP), University of California, San Francisco, CA; Former Director, Anxiety, Stress, and Health Clinic, Children's Health Council, Palo Alto, CA; Clinical Child & Adolescent Psychologist; Certified Pediatric Nurse Practitioner; Pediatric Clinical Nurse Specialist; Past Executive Council Member; Approved Consultant, ASCH

REBECCA KAJANDER, CPNP, MPH

Noran Neurological Clinic, Minneapolis, MN; Former Department Chair and Clinical Practice Director, Alexander Center for Child Development and Behavior, Park Nicollet Clinic, St. Louis Park, MN; Former Adjunct Faculty Developmental-Behavior Pediatrics, Department of Pediatrics, University of Minnesota Medical School; Instructor, School of Nursing, University of Minnesota, Minneapolis, MN; Faculty, MSCH and NPHTI

ADAM KEATING, MD, FAAP

General Pediatrician, Section Head, Community Pediatrics, Cleveland Clinic Children's, Wooster, OH; Medical Director, Longbrake Student Wellness Center, College of Wooster; Clinical Assistant Professor of Pediatrics, Cleveland Clinic Lerner College of Medicine; Clinical Associate Professor of Pediatrics Ohio University Heritage College of Osteopathic Medicine; Approved Consultant, ASCH

DANIEL P. KOHEN, MD, FAAP, ABMH*

Co-Founder and Co-Director, National Pediatric Hypnosis Training Institute; Developmental-Behavioral Pediatrics, Medical Hypnosis & Self-Regulation, Partners-in-Healing of Minneapolis, Minnetonka, MN; Former Director, Developmental-Behavioral Pediatrics and Professor, Departments of Pediatrics and Family Medicine and Community Health, University of Minnesota (retired); Director of Education and Training, Minnesota Society of Clinical Hypnosis (MSCH); Past President, MSCH; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, and Approved Consultant, ASCH; Fellow, SCEH

HARRIET KOHEN, MA, MSW, CPT

Therapist, Partners-in-Healing of Minneapolis; Past-President, MN Society for Clinical Social Work; Credential Chair, International Federation of Biblio/Poetry Therapy; Faculty, MSCH, NPHTI.

LEORA KUTTNER, PhD*

Clinical Psychologist and Clinical Professor of Pediatrics, University of British Columbia and British Columbia Children's Hospital, Vancouver, Canada; Vice-President, Canadian Society of Clinical Hypnosis (BC Division)

JEFF LAZARUS, MD, FAAP

Former Associate Clinical Professor of Pediatrics, Rainbow Babies and Children's Hospital, Case Western Reserve School of Medicine; Private Practice, Menlo Park, California; Approved Consultant, ASCH

LISA LOMBARD, PhD

Clinical Psychologist, Private Practice; Consulting Psychologist, Frances Xavier Warde School, Chicago, IL; Former Associate Professor, Clinical Psychology (Child and Adolescent Track), Chicago School of Professional Psychology; Former Cognitive Assessment Clinic Coordinator, George Mason University, Fairfax, VA; Approved Consultant, ASCH; Member, SCEH; Interim Vice President, Chicago Society of Clinical Hypnosis

ROBERT PENDERGRAST, MD, MPH, FAAP

Associate Professor of Pediatrics, Medical College of Georgia, Georgia Regents University; Director, Adolescent Medicine, Children's Hospital of Georgia, Augusta, GA; Aiken-Augusta Holistic Health, North Augusta, SC; Approved Consultant, ASCH

EILEEN POULIN, MD, FAAP

Pediatric Faculty, Tufts University School of Medicine, Maine Medical Partners Pediatric Clinic at Maine Medical Center, Portland, Maine; Maine Pediatric Hypnosis (Private Practice), Falmouth, Maine; Certified, ASCH

TERESA QUINN, MD, FAAP, ABMH

Assistant Professor, University of Minnesota, Methodist Hospital Family Medicine Residency, CAQ Geriatrics; Approved Consultant, ASCH

MICHELE STRACHAN, MD

Behavioral Pediatrician, Developmental Behavioral Pediatrics Program, University of Minnesota Physicians; Director of Medicine, Fellow, Cultural Wellness Center, Minneapolis, MN

LAURENCE I. SUGARMAN, MD, FAAP, ABMH*

Research Professor and Director, Center for Applied Psychophysiology and Self-regulation, Institute and College of Health Sciences and Technology, Rochester Institute of Technology; Clinical Professor in Pediatrics, University of Rochester; Behavioral Pediatrician, Easter Seals Diagnostic and Treatment Center, Rochester, NY; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, Approved Consultant, ASCH

MARK B. WEISBERG, PhD, ABPP, LP

Clinical Health Psychologist, Diplomat in Health Psychology; Listed, National Register of Health Service Providers in Psychology; Independent Practice, Minneapolis, MN; Fellow, American Psychological Association; Past President, MSCH; Fellow, Past Vice President, Past Secretary, Approved Consultant, ASCH

ELAINE WYNNE, M.A.

Licensed Psychologist, Circle of Cranes Psychology Center, LLC, Golden Valley, MN; Professional Storyteller, President, Veteran Resilience Project; Faculty, MSCH; Approved Consultant, ASCH

* Denotes Planning Committee Member; Additional Planning Committee Members include Ginny Jacobs, M.Ed., MLS, CCMEP; University of Minnesota Medical School, Office of Continuing Professional Development.



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

Registration Form

Pediatric Clinical Hypnosis Introductory Workshop ONLY*

For Intermediate registration go to: www.cme.umn.edu/interpedshypnosisreg;
for Advanced registration go to: www.cme.umn.edu/advpedshypnosisreg

October 15-17, 2015

Please type or print clearly. A name badge and statement of participation are generated from this form.

Name _____

Affiliation _____

Department _____

Address HOME OFFICE _____ Mail Stop _____

City _____ State _____ Zip _____

Office Telephone Number _____ Email _____

Receipts, confirmations, and driving directions are now emailed from our office. Please include your email address and print clearly.

Degree MD DO PhD PsyD MA/MS MPH MSW/ACSW LCSW LMSW LMFT
 APRN NP CNS RN CCLS DDS/DMD OTHER _____

Specialty Pediatrics / General Practice Pediatrics / Subspecialty _____
 Marriage/Family/Therapy / Subspecialty _____ Family Medicine / Subspecialty _____
 Social Work / Subspecialty _____ Psychiatry / Subspecialty _____
 Education / Subspecialty _____ Psychology / Subspecialty _____
 General Surgery / Subspecialty _____ Nursing / Subspecialty _____
 Podiatry OT / PT Dentistry Other _____

Licensed in Profession _____ Required License # _____ State _____

Students, Interns, Residents, Fellows (please list school & program actively enrolled in): _____

REGISTRATION FEES

	Kick-off March 16 - July 7	Early Bird July 8 - September 4	Regular After September 4
<input type="checkbox"/> Introductory Workshop	\$840	\$910	\$950
<input type="checkbox"/> MSCH Member	\$770	\$805	\$845
<input type="checkbox"/> Graduate Student, Intern, Resident, Fellow	\$585	\$610	\$630

Group Registration

A minimum of 3 registrants from the same organization is required for a group discount of \$20 per person to be deducted from the corresponding registration fees listed above. Submit all registrations together with one check payment. Online group registrations must be received within two business days. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

Special Needs _____

Special needs such as dietary restrictions, lactation room, etc. should be requested in advance; requests cannot always be honored on site.

PLEASE NOTE: A SIGNED ACKNOWLEDGEMENT AND RELEASE FORM MUST ACCOMPANY YOUR REGISTRATION.

TO REGISTER

Online: Register online with Visa, MasterCard, or American Express. In order to protect your credit card information, the Office of Continuing Professional Development (OCPD) does not accept credit card payments by phone, fax, mail, in person, or on-site.

By Mail: Mail your check (payable to **Regents of the University of Minnesota**) with this form to: Pediatric Clinical Hypnosis, Office of Continuing Professional Development, University of Minnesota Medical School, MMC 293, Mayo Memorial Building, Room G-254, 420 Delaware Street SE, Minneapolis, MN 55455.

*The **Intermediate** and **Advanced Workshops** require completing a **Prior Learning/Needs Assessment**. Upon acceptance of your assessment, you will be contacted with registration instructions.

CANCELLATION POLICY

In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. CST on **October 1, 2015**. No refunds will be made after this date.

If you have any questions, please contact our office at (612) 626-7600, (800) 776-8636, or e-mail us at cme@umn.edu.



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

ACKNOWLEDGMENT AND RELEASE

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE
MINNESOTA SOCIETY OF CLINICAL HYPNOSIS
CONTINUING PROFESSIONAL DEVELOPMENT & DEPARTMENT OF PEDIATRICS
UNIVERSITY OF MINNESOTA

Name of Workshop: **National Pediatric Hypnosis Training Institute (NPHTI) Annual Skill Development Workshops in Pediatric Clinical Hypnosis**

Dates: **October 15-17, 2015**

Location: **Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441**

The undersigned acknowledges that he/she has volunteered to participate in a workshop in which he/she engages in a hypnotic state ("trance"), and that workshop participants and faculty will be present during this/these session(s).

The undersigned does not have any health problems or other special conditions that might interfere with their participation, except as have been disclosed to faculty members.

The undersigned agrees to hold harmless the NPHTI, MSCH, and the University of Minnesota Department of Pediatrics and the Office of Continuing Professional Development, their employees and members, the faculty and other participants in the above described workshop, and indemnify them from and against any and all claims, damages, and costs arising from the undersigned's participation in the above described workshop.

Printed Name

Signature

Date



**PEDIATRIC CLINICAL HYPNOSIS
SKILL DEVELOPMENT WORKSHOPS 2015**

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

October 15-17, 2015

**Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441**

WEB SITES

www.nphiti.org

For more information about the National Pediatric Hypnosis Training Institute

<http://www.med.umn.edu/peds/dogpah/education/devbehavior/>

For more information about the University of Minnesota Developmental Behavioral Pediatrics Program.

www.msch.us

For more information about the Minnesota Society of Clinical Hypnosis

www.cme.umn.edu

Visit the University of Minnesota CME Web site to access conference brochures, view our complete course calendar, get directions, or register online. Check back often; we regularly update our course information.

The University of Minnesota is an equal opportunity educator and employer.

Disability/Dietary accommodations will be provided upon request.

Dietary restrictions should be requested in advance; requests cannot always be honored on site.

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Direct requests to the Office of Continuing Professional Development at 612-626-7600 or toll-free at 800-776-8636.

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